

Horseshoes

拍數: 0 牆數: 0 級數:
編舞者: Kelvin Elvidge (USA)
音樂: Horseshoes - Adam Gregory



Sequence: ABB ABB AB, TAG, BBB

PART A

STOMP FORWARD RIGHT, LEFT

1-2 Stomp forward on right foot, stomp forward on left foot

CHUG ¼ LEFT, SWIVEL HEELS LEFT/RIGHT/LEFT, CHUG ¼ LEFT, SWIVEL HEELS LEFT/RIGHT/LEFT

1&2 Tap right foot to right side, pivot ¼ turn left on left foot, tap right toe slightly to right

3&4 Swivel heels to left, swivel heels to right, swivel heels to left (end weight left)

5&6 Tap right foot to right side, pivot ¼ turn left on left foot, tap right toe slightly to right

7&8 Swivel heels to left, swivel heels to right, swivel heels to left (end weight left)

PART B

KICK RIGHT TOUCH LEFT, KICK LEFT TOUCH RIGHT, RIGHT KNEE IN/OUT/IN, STEP RIGHT/TOGETHER/RIGHT

1&2 Kick right foot forward, step down on right, touch left toe to left side

3&4 Kick left foot forward, step down on left foot, touch right toe to right side

5&6 Point right knee in, point right knee out, point right knee in

7&8 Step right foot to right, step left foot together, step right foot to right

KICK LEFT TOUCH RIGHT, KICK RIGHT TOUCH LEFT, LEFT KNEE IN/OUT/IN, STEP LEFT/TOGETHER/LEFT

1&2 Kick left foot forward, step down on left, touch right toe to right side

3&4 Kick right foot forward, step down on right foot, touch left toe to left side

5&6 Point left knee in, point left knee out, point left knee in

7&8 Step left foot to left, step right foot together, step left foot to left

STEP LOCK RIGHT/LEFT/RIGHT, STEP LEFT TO LEFT & BUMP LEFT/RIGHT/LEFT/RIGHT, STEP LOCK LEFT/RIGHT/LEFT, STEP RIGHT TO RIGHT & BUMP RIGHT/LEFT/RIGHT/LEFT

1&2 Step forward right, lock step left behind right, step forward right

3&4& Step left to left and bump hips left, right, left, right

5&6 Step forward left, lock step right behind left, step forward left

7&8& Step right to right and bump hips right/left/right/left

RIGHT KICK BALL CHANGE, TOUCH RIGHT FORWARD, SIDE, PIVOT ¼ RIGHT ON LEFT, REPEAT

1&2 Kick forward on right foot, step down on ball of right foot, step left together

3&4 Touch right toes forward, touch right toes to right side, pivot ¼ right on left (right toes now out in front)

5&6 Kick forward on right foot, step down on ball of right foot, step left together

7&8 Touch right toes forward, touch right toes to right side, pivot ¼ right on left (right toes now out in front)

TAG

REPEAT LAST 4 COUNTS OF PART B

1&2 Kick forward on right foot, step down on ball of right foot, step left together

3&4 Touch right toes forward, touch right toes to right side, pivot ¼ right on left (right toes now out in front)

