

Hopscotch

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Joenan (AUS)
音樂: Straight Up - Paula Abdul



This dance is dedicated to our grand-daughters, Zara and Kyra, the apples of our eyes

ROCK, RECOVER, SAILOR CROSS, ROCK, RECOVER, CROSS SHUFFLE

1-2 Rock right to right side, recover onto left
3&4 Cross step right behind left, step left to left side, cross step right over left
5-6 Rock left to left side, recover onto right
7&8 Cross step left over right, step right to right side, cross step left over right

FULL TURN LEFT, MAMBO CROSS, MAMBO POINT

1-4 Stepping back on right make a full turn left over left shoulder
5&6 Rock right to right side, recover onto left, cross step right over left
7&8 Rock left to left side, recover onto right, point left toe beside right

ROCK, RECOVER, SAILOR STEP ¼ TURN RIGHT, SAILOR STEP ¼ TURN RIGHT, ROCK, RECOVER ¼ TURN LEFT

1-2 Rock forward on left, recover onto right
3&4 Turning ¼ right sailor step on left, right, left
5&6 Turning ¼ right sailor step on right, left, right
7-8 Rock forward on left, turning ¼ left recover onto right

TRIPLE STEP ½ TURN LEFT, HIP SWAYS, CHASSE RIGHT ½ TURN RIGHT, CHASSE LEFT, ½ TURN LEFT

1&2 Turning ½ left triple step on left, right, left
3-4 Step right to right side and sway hips right, sway hips left
5&6 Turning ½ right chasse right on right, left, right
7&8 Turning ½ left chasse left on left, right, left

STEP RIGHT ¼ TURN LEFT, POINT, SWIVEL ½ RIGHT, FORWARD MAMBO ROCK, RECOVER, ROCK, RECOVER ½ TURN RIGHT, STEP FORWARD

1-3 Turning ¼ left step right to right side, point left toe slightly forward, on ball of right swivel ½ right
4&5 Rock forward on left, recover onto right, step left beside right
6-7 Rock back on right, recover onto left
8&1 Rock forward on right, turning ½ right recover onto left, step forward on right

HIP SWAYS, CHASSE RIGHT, STEP BACK, CROSS STEP, STEP LEFT, STEP BEHIND STEP LEFT

2-4 Step left to left side and sway hips left, sway hips right, sway hips left
5&6 Chasse right on right, left, right
7-8 Step back on left, cross step right over left
&1& Step left to left side, cross step right behind left, step left to left side

ROCK, RECOVER ¼ TURN RIGHT, STEP RIGHT, CROSS SHUFFLE, STEP RIGHT ½ TURN LEFT, TRIPLE STEP ½ TURN LEFT

2&3 Rock forward on right, turning ¼ right recover onto left, step right to right side
4&5 Cross step left over right, step right to right side, cross step left over right
6 Turning ½ left step right to right side
7&8 Turning ½ left triple step on left, right, left

STEP FORWARD ¼ TURN LEFT, POINT, KICK AND POINT, SWIVEL ¼ RIGHT, SAILOR CROSS, STEP LEFT

- 1-2 Turning ¼ left step forward on right, point left toe beside right
- 3&4 Kick forward on left, step left beside right, point right toe beside left
- 5 On ball of left swivel ¼ right
- 6&7 Cross step right behind left, step left to left side, cross step right over left
- 8 Step left to left side

REPEAT

TAG

After wall 4 facing front wall

HOPSCOTCH (STOMP RIGHT, STOMP LEFT, STOMP CENTER, STOMP CENTER)

- 1-2 Stomp right to right side, stomp left to left side (keep both feet spread apart shoulder width)
- 3-4 Stomp right to center, stomp left to center beside right

Alternative steps for the hopscotch:

- 1-2 Stomp right to right side, stomp left to left side
- 3-4 Jump up and land with both feet criss-crossed, jump up and land with both feet together

ENDING

As the music fades away at the end, dance counts 7&8 of section 4 without the ½ turn left (i.e. Chasse left on left, right, left). You will complete the dance facing the front wall
