

Hopes And Dreams

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Chris Peel (UK)
音樂: Lonesome Highway - Wild Rose



ROCK PIVOT ½ TURN (LEADING LEFT THEN RIGHT), POINT 'N' KICK, DWIGHT RIGHT

- 1&2 Rock left forward - rock weight back on right into pivot ½ turn left, switch weight forward onto left
- 3&4 Rock right forward - rock weight back on left into pivot ½ turn right, switch weight forward onto right
- 5&6 Point left to side - step left together, kick right forward
- 7&8 Touch right toe to left instep as left heel swivels to right - touch right heel to left instep as left toe swivels to right, side step right adjusting both feet to center

CHASSÉ ¼ TURN LEFT, HEEL-TOE-HEEL HOPS, STEP 'N' HOLD, PIVOT ¾ TURN RIGHT

- 9&10 Side step left - step right together, step ¼ turn left
- 11&12 Touch right heel forward - hop right together touching left toe back, hop left together touching right heel forward
- 13&14 Step down right switching weight forward - clap, clap (holding position)
- 15&16 Step left forward into pivot ¾ turn right, switch weight to side on right, step left together

STEP FORWARD 'N' TAP TOES BACK, PIVOT ¼ TURN RIGHT, MAMBO CROSS STEPS

- 17&18 Step right forward - tap left toe back, tap left toe back
- 19&20 Step left forward into pivot ¼ turn right - switch weight to side onto right, step left together
- 21&22 Side step right - rock weight to side on left, step right across left (angling body to left)
- 23&24 Side step left - rock weight to side on right, step left across right (angling body to right)

MODIFIED VINE WITH ¼ TURN RIGHT, HEEL-TOE-HEEL HOPS, STEP 'N' HOLD, PIVOT ½ TURN LEFT

- 25&26 Side step right - step left behind right, step ¼ turn right
- 27&28 Touch left heel forward - hop left together touching right toe back, hop right together touching left heel forward
- 29&30 Step down left switching weight forward - clap, clap (holding position)
- 31&32 Step right forward into pivot ½ turn left - switch weight forward on left, step right together

REPEAT
