

Hopeless Situation

拍數: 32 牆數: 4 級數: Improver
編舞者: Gary James (USA)
音樂: Still In Love With You - Travis Tritt



FORWARD RIGHT, LEFT, RIGHT, ¼ PIVOT - CROSS & CROSS, SIDE, CROSS

1-2 Step forward right; step forward left
3-4 Step forward right; make ¼ pivot left shifting weight to left (9 o'clock)
5&6 Cross right over left; step side left; cross right over left
7-8 Step side left; cross right over left

ROCK LEFT, RIGHT, CROSS & CROSS - SIDE, CROSS, ROCK RIGHT, LEFT

1-2 Rock side left; rock side right
3&4 Cross left over right; step side right; cross left over right
5-6 Step side right; cross left over right
7-8 Rock side right; rock side left

CROSS, SIDE, ½ TURN, FORWARD - ¼ TURN LEFT; SHUFFLE SIDE; ¼ TURN RIGHT; FORWARD SHUFFLE

1-2 Cross right over left; step side left
3-4 Make ½ pivot right on ball of left foot while stepping forward on right foot (toward 3 o'clock wall); step forward left (facing 3 o'clock wall)
&5&6 Make ¼ turn left (weight left); step side right; together left; step side right (done facing 12 o'clock wall)
&7&8 Make ¼ turn right (weight right); step forward left; together right; step forward left (done facing 3 o'clock wall)

¼ TURN LEFT; ROCK RIGHT, LEFT, CROSSOVER; SIDE; BEHIND - ¼ TURN LEFT; ROCK FORWARD; BACK; STEP CENTER, POINT RIGHT; HOLD

&1&2 ¼ turn left (weight left)(facing 12 o'clock wall); rock right; rock left; cross right in front of left
3-4 Step side left; step behind with right
5-6 Making ¼ turn left rock forward left (toward 9 o'clock wall); rock back right
&7-8 Step center left; touch to the right; hold

REPEAT

The dance should be done with an attitude that you don't know which way to go (sometimes in dancing, I think we do this unintentionally)... like someone is chasing you and you can't get away. This dance is phrased to the chosen song but should work with any 10-step music.