

Hootchie Koochie

拍數: 32 牆數: 2 級數: Improver west coast swing
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: She's a Bad Mama Jama - Carl Carlton



FORWARD WALK, TOE TOUCHES, FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT

1-2 Step forward on right foot; step forward on left foot
3-4 Touch right toe forward; touch right toe back
5&6 Shuffle forward (right, left, right)
7-8 Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

SYNCOPATED SIDE GALLOPS, STOMP, HOLD, BODY ROLL, LEAN BACK

9& Jump to the left on left foot; jump right foot next to left
10& Jump to the left on left foot; jump right foot next to left
11& Jump to the left on left foot; jump right foot next to left
12 Jump to the left on left foot
13-14 Stomp forward on right foot; hold and clap hands
&15 Push buttocks back as you begin to bend knees; push pelvis forward and up as you begin to straighten knees
16 Stand upright and lean back onto left foot in place

SYNCOPATED SIDE GALLOPS, STOMP, HOLD, BODY ROLL, LEAN FORWARD

17& Jump to the right on right foot; jump left foot next to left
18& Jump to the right on right foot; jump left foot next to left
19& Jump to the right on right foot; jump left foot next to left
20 Jump to the right on right foot
21-22 Stomp forward on left foot; hold and clap hands
&23 Push buttocks back as you begin to bend knees; push pelvis forward and up as you begin to straighten knees
24 Stand upright and lean forward onto left foot in place

MILITARY PIVOTS TO THE LEFT, CHARLESTON

25-26 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
27-28 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
29-30 Swing right foot around and touch in front of left foot; swing right foot around and step back on right foot
31-32 Swing left foot around and touch left foot back; swing left foot around and step forward on left foot

REPEAT
