

Honcho Rock

拍數: 54 牆數: 2 級數:
編舞者: Trevor Smith (AUS)
音樂: Cowboys Like a Little Rock and Roll - Chris LeDoux



- 1&2 Shuffle sideways left (left-right-left)
3-4 Rock backwards onto right foot, rock forward onto left foot
5&6 Shuffle sideways right (right-left-right)
7-8 Rock backwards onto left foot, rock forward onto right foot
- 9-10 Step forward onto left toes, drop full foot to floor
11-12 Step forward onto right toes, drop full foot to floor
13-14 Touch left toe 45 degrees forward, bring left foot up behind & slap with right hand
15-16 Touch left toe 45 degrees forward, bring left foot up behind & slap with right hand
- 17-18 Rock forward onto left foot, rock backwards onto right foot
19-20 Rock backwards onto left foot, rock forward onto right foot
21-22 Step forward onto left, pivot ½ turn right placing weight forward onto right foot
23-24 Step forward onto left, pivot ½ turn right placing weight forward onto right foot
- 25-26 Step left onto left foot, step right foot across behind left
27-28 Step left onto left foot, step right foot across in front of left
29-30 Step left onto left foot, touch right foot in beside left
31-32 Kick right foot forward, touch right foot
- 33-34 Step right onto right foot, step left foot across behind right
35-36 Step right onto right foot, step left foot across in front of right
37-38 Step right onto right foot, touch left foot in beside right
39-40 Kick left foot forward, touch left foot
- 41&42 Shuffle forward (left-right-left) leading left foot
43&44 Shuffle forward (right-left-right) leading right foot
- 45-46 Touch left toe 45 degrees forward, bring left foot up behind & slap with right hand
47-48 Touch left toe 45 degrees forward, bring left foot up behind & slap with right hand
- 49-50 Step forward onto left foot, pivot ½ turn right placing weight forward onto right foot
51-52 Step forward onto left foot, pivot ½ turn right placing weight forward onto right foot
53-54 Step forward onto left foot, pivot ½ turn right placing weight forward onto right foot

REPEAT
