

Home To Mama

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chen Kuo-Wei (SG)
音樂: Home to Mamma - Patrizio Buanne



To Ms Amy Christian and friends

"GOOSE STEP" LEFT FORWARD, RECOVER, LEFT BACK, RECOVER

- 1-2 Goose step left forward recover weight on right
Arms & head on count one: left arm raised high in front of face, folded at elbow as though to ward off a blow from the top. Right arm also folded at elbow but placed at waist level behind your back. As you execute count one, turn your head to look right and chin up, just as the military would do when they march past. These movements must be brisk for the right effects
3-4 Step back on left, step right next to left - (return both arms and head to normal positions)
5-6 Repeat 1-2
7-8 Repeat 3-4

HIGH SCUFFS STEPS AND LEFT HALF TURN, SHUFFLE

- 1-2 Scuff left foot high and to the front, step on left
3-4 Scuff right foot high and to the front, step on right
5-6 Rock left foot forward, recover on right, make left half turn
7&8 Shuffle to forward: left, right, left (now facing new back wall)

HEEL STEP CROSSES, ROCK ¼ TURN LEFT AND SHUFFLE

- 1&2 Dig right heel to right, step on right, cross left over right
3&4 Repeat above while you traverse to right
5-6 Rock on right, recover weight on left as you make ¼ turn left
7&8 Shuffle forward; right, left, right

"GOOSE STEP" CHARGE AND RIGHT HALF TURN, SHUFFLE

- 1&2& Goose step on left, step on right behind left (skip forward "charging" with arms and head as per first 8 counts above)
3&4 Repeat above
5-6 Rock on right foot forward, recover on left and make ½ turn right
7&8 Shuffle forward; right, left, right (now facing new wall)

REPEAT

When the music is about to end you will be facing the back wall. Do a quick turn to face the front, open both arms, bow, curtsy