Home Cookin'

級數:

COPPER KNOB

拍數: 48

編舞者: Don Deyne (USA)

音樂: We Lose - Brad Hawkins

STEP LEFT, SCUFF RIGHT, BRUSH RIGHT BACK, FORWARD, STEP RIGHT, DRAG LEFT, STEP RIGHT, SCUFF LEFT

- 1-2 Step forward left, scuff right heel forward
- 3-4 Brush right toe back into hook across left, brush right toe forward
- 5-6 Step forward right, slide/step left instep to right heel (3rd position)
- 7-8 Step forward right, scuff left beside right (don't let momentum carry you forward)

BACK LEFT TOE STRUT, BACK RIGHT TOE STRUT, LEFT BEHIND, ¼ RIGHT, STEP LEFT, KICK RIGHT

- 1-2 Touch left toe back, step down on left (alt: step back left, hold)
- 3-4 Touch right toe back, step down on right (alt: step back right, hold)
- 5-6 Step left behind right, turn ¼ right and step forward right
- 7-8 Step forward left, kick forward right

BACK RIGHT TOE STRUT, BACK LEFT TOE STRUT, BACK RIGHT, LEFT, ¼ RIGHT, LEFT TOE

- 1-2 Touch right toe back, step down on right (alt: step back right, hold)
- 3-4 Touch left toe back, step down on left (alt: step back left, hold)
- 5-6 Step back right, step back left (turn toe to right in prep for 7)
- 7-8 Turn ¼ right and side step right, touch left toe to side

TURN LEFT, HOLD, SPIN LEFT/STEP RIGHT, HOLD, BACK LEFT, ROCK RIGHT, STEP LEFT, TOGETHER RIGHT

- 1 Turning as far left as you comfortably can-step on ball of left (remain facing forward, then release as you begin the spin to the left)
- 2 Hold
- 3 Spin on ball of left on the spot to complete a full left turn and step slightly back on right 4 Hold
- 5-6 Rock step back left, recover weight to right in-place
- 7-8 Step slightly forward left, step right beside left

LEFT HEEL, HOLD, RIGHT HEEL, HOLD, LEFT HEEL, RIGHT HEEL, LEFT TOE, HOLD

- 1-2& Touch left heel forward, hold & step left beside right
- 3-4& Touch right heel forward, hold & step right beside left
- 5 Touch left heel forward
- &6 Step left beside right, touch right heel forward
- & Step right beside left
- 7-8 Touch left toe beside right (knee is bent and pointing forward, hold)
- & Lift left foot in preparation for the stomp at count 41

STOMP LEFT, SCUFF RIGHT, BRUSH RIGHT BACK, FORWARD, STEP RIGHT, DRAG LEFT, STEP RIGHT, SCUFF LEFT

- 1-2 Stomp forward left, scuff right heel forward
- 3-4 Brush right toe back into hook across left, brush right toe forward
- 5-6 Step forward right, slide/step left instep to right heel (3rd position)
- 7-8 Step forward right, scuff forward left (let your momentum move forward on this one)

REPEAT

Counts 1-8 and 41-48 are almost the same. The stomp at count 41 was inspired by the accent on that beat of





the song thru most of the phrases. At the end of the song that accent happens twice in a row during the last key lyric- "I'm from the country". As the phrase is repeated, rather that write a change to the phrasing of the dance just do a stomp on count 1 and it'll all fit. From that point on the accent never occurs again.