I Feel The Earth Move



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Julie Molkner (AUS)

音樂: I Feel the Earth Move - Martika



SIDE, HITCH ACROSS, SIDE & CROSS, SIDE & CROSS, KICK BALL CHANGE

1-2 Rock step right to right side, return to left foot crossing right knee in front of left

Rock right to right side & return to left foot, cross step right over left Rock left to left side & return to right foot, cross step left over right

Low kick right foot forward, step right slightly further back than left, step forward on left Styling note: keeping elbows by your sides, open both arms out on step 1, bring hands ½ way towards each other on step 2

ROCK, TURN ½ SHUFFLE FORWARD, ¼ TURN & BALL CROSS, SWING ½ TURN & STEP FORWARD

1-2-3&4 Rock forward on right, back left, turn ½ right to shuffle forward (on right-left-right)
5&6 Turn ¼ right to step left to left side, step right in place & cross step left over right

7&8 Step right to right side turning ¼ left, swing a further ¼ turn left to step left to left side & step

forward on right

HEEL, SWITCH HEEL, SWITCH CROSS & SWIVET & HEEL, SWITCH HEEL, SWITCH CROSS & SWIVET

1&2& Tap left heel forward, step left beside right & tap right heel forward, step right beside left
3&4 Cross tap left heel over right (both toes facing right corner) keeping left toes up & weight on
back foot (right)twist both heels to right (both toes now facing left corner) twist both feet back

to center

5&6& Step left beside right & tap right heel forward, step right beside left & tap left heel forward,

step left beside right

7&8 Cross tap right heel over left (both toes facing left corner) keeping right toes up & weight on

back foot (left)twist both heels to left (both toes now facing right corner) twist both feet back

to center

& HEEL, SWITCH TOE, SWITCH HEEL, SWITCH HEEL, SWITCH STEP, TURN STEP BACK, COASTER

Step right back & tap left heel forward, step forward on left & tap right toe beside left foot Step back on right & tap left heel forward, step back on left & tap right heel forward, Step back on right & step forward on left, turn ½ left to step back on right

7&8 Coaster: step back on left, step right beside left, step forward on left

REPEAT

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After 3rd sequence (side wall)

1-2 Step forward on right, turn ½ right to step back on left

3&4 Coaster: step back on right, step left beside right, step forward on right

5&6&7-8 Step left to left side pushing hips left, right-left, right-left, hold with finger snap (both hands at

shoulder height)

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After 6th sequence (front wall)

1-2-3&4 As for the first bridge (step, turn step, coaster)

5-8 Step/sway hips and hands to left, swing hips & hands to right swing hips & hands to left, hold

with finger snap (both hands at shoulder height)

FINISH

You will be facing the back wall and will have danced steps 1-6, from that position (left crossed over right)

simply unwind	½ right to	face the front
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