# I Feel A Heartache



拍數: 32 牆數: 4 級數: Improver

編舞者: Jan Brookfield (UK)

音樂: I Feel a Heartache - Danni Leigh



## SIDE ROCK, CHASSE RIGHT, ROCK BACK, HEEL-BALL-CROSS

1-2	Step right to side, rock onto left to side
3&4	Shuffle to right on right, left, right

5-6 Rock back onto left slightly behind right, rock forward onto right (body now angled slightly to

left)

7&8 Tap left heel forward, step on left in place, step right across in front of left

## SIDE ROCK WITH QUARTER TURN RIGHT, FORWARD SHUFFLE JAZZ BOX

9-10 Step left to side, rock onto right making quarter turn to right

11&12 Shuffle forward on left, right, left

13-14 Step right across in front of left, step back on left

15-16 Step right to side, step left next to right

## CHASSE RIGHT, ROCK OVER, CHASSE LEFT, ROCK BACK

17&18	Shuffle sideways to right on right, left, right
170010	Situitie sideways to right on right, left, right

19-20 Step left across in front of right, rock back onto right

21&22 Shuffle sideways to left on left, right, left

23-24 Step back on right behind left, rock forward onto left

## MODIFIED MONTEREY TURN, CHASSE LEFT, ROCK BACK, KICK-BALL-CHANGE

25-26 Point right toe to side, making half turn to right step on right in place

27&28 Shuffle sideways to left on left, right, left

29-30 Step back on right behind left, rock forward onto left

31&32 Kick right forward, step back slightly on ball of right, step on left in place

#### **REPEAT**