I Don't Want To Get Hurt (Quiero Ser Como Tu)

級數: Intermediate/Advanced

拍數: 48

編舞者: Debbie Ellis (ES)

音樂: I Don't Want To Get Hurt - Roxette

SIDE, CROSS, ROCK AND CROSS, SIDE, CROSS, ROCK AND CROSS

- 1-2 Step right to right side, cross step left over right
- 3&4 Rock right to side, recover on left, cross right over left
- 5-6 Step left to left side, cross step right over left
- 7&8 Rock left to side, recover on right, cross left over right

CHASSE RIGHT, CROSS ROCK ¼ TURN, FULL TRIPLE FORWARD, LEFT LOCK STEP

- 1&2 Step right to right side, close left beside right, step right to right side
- 3&4 Cross rock left over right, recover on right, step left ¼ turn left
- 5&6 Triple full turn forward turning left (stepping right, left, right)
- 7&8 Step forward left, lock right behind left, step forward left

MAMBO STEP, BACK LOCK STEP, FULL TURN BACKWARDS, BACK ROCK SIDE

- 1&2 Rock forward on right, recover on left, step right next to left
- 3&4 Step back left, lock right across left, step back left (toes pointed)
- 5-6 Full turn backwards over right shoulder (stepping right, left)
- 7&8 Rock right behind left, recover on left, step right to right side

BACK ROCK ¼ TURN, ¼ TURN INTO RIGHT CHASSE, CROSS ROCK, FULL TRIPLE TURN

- 1&2 Rock left behind right, recover on right, step left to side making a ¼ turn left
- 3&4 Make a ¼ turn left doing a chasse right
- 5-6 Cross rock left over right, recover on right
- 7&8 Triple full turn to left (stepping left, right, left)

CROSS ROCK, FULL TRIPLE TURN, CROSS, SIDE, SAILOR ¼ TURN LEFT

- 1-2 Cross rock right over left, recover on left
- 3&4 Triple full turn to right (stepping right, left, right)
- 5-6 Cross step left over right, step right to right side
- 7&8 Cross left behind right, make a ¼ turn left stepping right to right side, step forward on left

PRISSY WALKS, MAMBO ¼ TURN, CROSS SHUFFLE, SWAY, SWAY

- 1-2 Step right forward across left, step left forward across right
- 3&4 Rock forward on right, recover back on left, make a ¼ turn right stepping right to side
- 5&6 Cross left over right, step right to right side, cross left over right
- 7-8 Step right to side swaying hips right, left

REPEAT

TAG

After walls 1 & 3 SWAY, SWAY

1-2 Step right to side swaying hips right, left

RESTART Restart after count 40 (sailor ¼ turn) of wall 2



COPPER KNOE

牆數:4 e Ellis (ES) Restart after count 20 (left lock back) of wall 5

ENDING

On wall 7, dance up to count 40 (leave off the turn and finish facing front with hands over your heart protective gesture)