

I Don't Want A Lover

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Alan Birchall (UK)
音樂: I Don't Want A Lover Remix (2001) - Texas



RUNNING MAN STEPS AND HEEL SWITCH'S MAKING ¾ TURN

- 1& Stomp forward on right, scoot back on right making ¼ turn right while hitching left
- 2& Stomp forward on left, scoot back on left making ¼ turn right while hitching right
- 3& Stomp forward on right, scoot back on right hitching left
- 4 Stomp forward on left

Option replace with syncopated ¼ Monterey turns

- 5& Touch right heel forward, step right by left
- 6& Touch left heel forward, step left by right making ¼ turn right (you will be facing 9:00 wall)
- 7& Touch right heel forward, step right by left
- 8 Touch left heel forward

STEP LEFT BY RIGHT, STEP FORWARD ON RIGHT, ½ PIVOT LEFT, SHUFFLE, EXTEND JAZZ BOX

- &9 Step left by right, step forward on right
- 10 Make ½ pivot left (you will be facing 3:00 wall)
- 11&12 Step forward on right, step left by right, step forward on right
- 13-14 Cross left over right, step right to right
- 15-16 Step back on left, cross right over left

VINE LEFT, CROSS POINTS, ¼ TURN RIGHT, LEFT SHUFFLE

- 17-18 Step left to left, cross right behind left
- 19-20 Step left to left, cross point right over left
- 21-22 Point right to right, on ball of left make ¼ turn to right (transferring weight to right, you will be facing 6:00 wall)
- 23&24 Step forward on left, step right by left, step forward on left

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE MAKING ¼ TURN LEFT

- 25-26 Cross rock right over left, recover on right
- 27&28 Step right to right, step left by right, step right to right
- 29-30 Cross rock left over right, recover on right
- 31&32 Step left to left, step right by left, step left to left making ¼ turn left

1 ¼ TURN, ROCK, RECOVER, ¼ SAILOR TURN RIGHT, STEP ½ PIVOT

- 33-34 On ball of left ¼ turn left while stepping right to right, on ball of right ½ turn left stepping left to left option replace with ½ turn, cross behind
- 35-36 On ball of left make ½ turn left rocking right out to right, recover on left (you will be facing 12:00 wall)
- 37&38 Cross right behind left, step left by right making ¼ turn right, step forward on right (you will be facing 3:00 wall)
- 39-40 Step forward on left, ½ pivot right (you will be facing 9:00 wall)

FULL TURN (IN TWO STEPS), ROCK, RECOVER, COASTER STEP, STEP ½ PIVOT

- 41-42 On ball of right ½ turn right, on ball of left ½ turn right stepping forward on left (you will be facing 3:00 wall) option replace turn with two steps
- 43-44 Rock forward on left, recover on right
- 45&46 Step back on left, step right by left, step forward on left
- 47-48 Step forward on right, ½ pivot left (you will be facing 9:00 wall)

FULL TURN (IN TWO STEPS), ROCK, RECOVER, COASTER STEP, STEP ½ PIVOT

- 49-50 On ball of left ½ turn left, on ball of right ½ turn left stepping forward on right (you will be facing 3:00 wall) option replace turn with two steps
- 51-52 Rock forward on right, recover on left
- 53&54 Step back on right, step left by right, step forward on right
- 55-56 Step forward on left, ½ pivot right (you will be facing 9:00 wall)

SYNCOPATED LOCK STEPS WITH FINGER CLICKS, RIGHT MAMBO FORWARD, LEFT COASTER STEP

- 57& Step forward on left, lock right behind left
- 58& Step forward on left (clicking fingers) lock right behind left
- 59& Step forward on left (clicking fingers) lock right behind left
- 60 Step forward on left (clicking fingers)
- 61&62 Rock forward on right, rock back on left, step back on right
- 63&64 Step back on left, step right by left, step forward on left

REPEAT
