

# I Don't Need A Man

拍數: 32      牆數: 4      級數: Improver  
編舞者: Carina Slijters (NL)  
音樂: I Don't Need a Man - The Pussycat Dolls



## KICK, OUT-OUT, HIPS, CROSS, SIDE, ¼ TURN RIGHT, SHUFFLE FORWARD

1            Kick right foot forward  
&            Step right foot next to left foot, bump hips to right  
2            Step left foot to left, bump hips to left  
3            Bump hips to right  
4            Bump hips to left  
5            Cross right foot over left foot  
&            Step left foot to left  
6            Make ¼ turn right, weight on right  
7            Step left foot forward  
&            Step right foot next to left foot  
8            Step left foot forward

## ROCK STEP, SHUFFLE ½ TURN RIGHT, PADDLE TURNS, CROSS, SIDE ROCK

1            Step right foot forward  
2            Weight back to left foot  
3            Make ¼ turn right, step right foot to right  
&            Step left foot next to right foot  
4            Make ¼ turn right, step right foot forward  
5            Step left foot forward  
6            Weight back to right foot  
7            Step left foot backwards  
&            Step right foot next to left foot  
8            Step left foot forward

## TOUCH, TOUCH, BEHIND, ¼ TURN LEFT, FORWARD, ROCK STEP, COASTER STEP

1            Point right foot forward  
2            Point right foot to right  
3            Cross right foot behind left foot  
&            Make ¼ turn right, step left foot next to right foot  
4            Step right foot forward  
5            Step left foot forward  
6            Weight back to right foot  
7            Step left foot backwards  
&            Step right foot next to left foot  
8            Step left foot forward

## WALK, WALK, BEND KNEES, ½ TURN RIGHT, JAZZ BOX WITH HITCH LEFT, CLOSE

1            Step right foot forward  
2            Step left foot forward  
3            Bend through your knees  
4            Make ½ turn right (weight on left, straighten your knees)  
5            Cross right foot over left foot  
6            Step left foot backwards  
7            Step right foot to right  
8            Hitch left foot

& Step left foot next to right foot

**REPEAT**

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