

I Don't Need A Man

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Darren Bailey (UK) & Lana Williams (UK)
音樂: I Don't Need a Man - The Pussycat Dolls



BACK BACK, SIDE TOGETHER, BOUNCE BOUNCE TOGETHER, BODY ROLL

- 1-2 Step back on right turning to face 1:30, step back on left turning to face 10:30
- 3-4 Step right to right side, drag left up to right and close left next to right
- 5&6 Step right to right side while bouncing, bounce, bring right next to left
- 7-8 Step left to left and body roll, bring right next to left

HEEL, TOE, SHOULDER LEANS, CROSS TOUCH, JUMP JUMP OUT

- 1-2 Dig right heel across left foot leaning back, touch right toe back to right diagonal
- 3-4 Lean upper right stepping right to right side, lean upper body left
- 5-6 Cross right over left, touch left toe to left side
- 7&8 Start to make a full turn left jumping with feet together, continue full turn jumping with feet together, jump out completing full turn left

WALK WALK, OUT OUT TOGETHER, KICK, TOUCH BACK, SLOW TURN

- 1-2 Walk forward right, walk forward left
- 3&4 Step right forward and out to right, step left forward and out to left, jump together
- 5&6 Kick right forward, close right together, touch left toes back
- 7-8 Make a slow ½ turn left over 2 counts

STEP BOUNCE, STEP BOUNCE, WALK X4 FULL TURN

- 1-2 Step right to right side, bounce, dip pushing hands up
- 3-4 Step left to left side, bounce, dip pushing hands up
- 5-6-7-8 Make a full turn right walking right, left, right, left

REPEAT
