

I Don't Need A Man

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 1 級數: Improver
編舞者: Kevin Smith (AUS) & Maria Smith (AUS)
音樂: I Don't Need a Man to Live With - Mila Mason



KICK BALL CHANGE, CROSS, UNWIND, KICK BALL CHANGE, CROSS, UNWIND

1&2-3-4 Kick right forward, & step right next to left, left next to right, cross right over left, ½ turn left
5&6-7-8 Kick left forward, & step left next to right, right next to left, cross right over left, ½ turn right

SIDE SHUFFLE RIGHT, ROCK, SIDE SHUFFLE LEFT, ROCK

1&2-3-4 Side shuffle right-left-right, rock left behind right, rock on right
5&6-7-8 Side shuffle left-right-left, rock right behind left, rock on left

SHUFFLE FORWARD, ½ TURN, ROCK, ½ TURN, SHUFFLE BACKWARDS

1&2-3-4 Shuffle forward right-left-right, ½ turn right step back on left, rock back on right
5&6-7-8 Step forward left, ½ turn left step back on right, shuffle backwards left-right-left

STEP BACK CLAP X 3 TIMES, ¼ TURN LEFT

1-4 Step back right, touch left next to right clap, step back left, touch right next to left clap
5-7 Step back right, touch left next right clap, ¼ turn left step left to side
8 Touch right next to left clap

TURNING VINE 1 ¼, WALK BACK LEFT-RIGHT, ½ TURN, SCUFF

1-4 Turn 1 ¼ while vining right stepping right-left-right, scuff left (or vine right ¼ turn right)
5-8 Walk back left-right, ½ turn left step forward left, scuff right forward

SHUFFLE FORWARD, ½ PIVOT TURN, SHUFFLE FORWARD, ½ PIVOT

1&2-3-4 Shuffle forward right-left-right, step left forward, ½ pivot turn right
5&6-7-8 Shuffle forward left-right-left, step right forward, ½ pivot turn left

¼ TURN MONTEREY, LEFT TOGETHER, ½ MONTEREY, RIGHT TOUCH

1-2-3 Point right to side, ¼ turn left step right next to left, point left to side
4 Step left next to right
5-6-7 Point right to side, ½ turn right step right next to left, point left to side
8 Step left next to right

STEP TO SIDE SHIMMYING SHOULDERS, ¼ TURN LEFT SHIMMYING SHOULDERS

1-4 Step right to side, hold, step left next to right, hold & clap (shimmy shoulders or bump hips)
5-8 ¼ turn left step left forward, hold, step right next to left, hold & clap (shimmy shoulders or bump hips)

REPEAT

BRIDGE

End of 2nd rotation, bridge is 12 count - vine right, vine left, step right forward, ½ pivot, step forward right, ½ pivot left