

I Don't Be Thinkin'

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Jodi Wittman (USA)
音樂: Hurts So Good - John Cougar-Mellencamp



ROCK RIGHT FORWARD, RECOVER, ¼ TURN RIGHT, CROSS STEP, STEP & RIGHT BODY ROLL, STEP & LEFT BODY ROLL WITH ¼ TURN RIGHT

1-4 Rock forward right, recover left, ¼ turn right & step right, cross left over right
5-8 Step right to right side, body roll to right, step left to left side, body roll to left as you ¼ turn right (weight ends on left)

Variation:

5-8 Step right to right side, left heel tap, step left to left side, ¼ turn right & tap right heel

½ WALK TO RIGHT, RIGHT KICK BALL CHANGE, MILITARY TURN LEFT

9-12 Starting with right foot, take four steps traveling 2 walls right

Styling:

9-12 Add struts, shimmies, head bobs--whatever
13-16 Right kick ball change, step right forward, ½ turn left shifting weight to left

STEP FORWARD, HIP SLINKY, RIGHT KICK BALL CROSS, STEP & HEEL TAP WITH ¼ TURN LEFT

17-20 Step forward right, step forward left ('regular' stance, not together) as shift weight over left pushing left hip to left, shift weight to right pushing right hip to right, recover weight to left (bend & rock knees in the same direction, or use for counterbalance)

Variation:

17-20 Step forward right, step forward left, swivel heels right, center (weight ends on left)
21-24 Right kick, step on ball of right, cross left over right, step right to right side, ¼ turn left & tap left heel

MIRROR TURN ½ RIGHT, RIGHT COASTER STEP, LEFT ROCK, ¾ TURN SHUFFLE TO LEFT

25-28 Keeping feet where they are, bend knees & ½ turn right & step down on left, tap right heel, right coaster step
29-32 Rock forward left, recover right, ¾ shuffle turn left

REPEAT
