

(I) Can, Can (You?)

拍數: 78 牆數: 4 級數: Advanced
編舞者: Paul Flood (IRE)
音樂: (I) Can Can (You) - Vanessa-Mae



STEP BACK RIGHT, HALF TURN. STEP LEFT, HALF TURN. JUMP OUT, JUMP IN, RIGHT OUT TO THE SIDE, QUARTER TURN, RIGHT OUT TO THE SIDE QUARTER TURN. JUMP OUT, JUMP IN, RIGHT OUT TO THE SIDE, QUARTER TURN, RIGHT OUT TO THE SIDE QUARTER TURN, RIGHT KICK, BALL, CHANGE. RIGHT KICK, BALL, CHANGE

- 1-2 Step back right foot, making a half turn
- 3-4 Step left half turn
- 5-6 Jump out, jump in
- 7-8 Point right foot out to the right and make a quarter turn twice
- 9-12 Repeat steps 5-8
- 13-16 Right kick ball change twice

SHUFFLE TO THE RIGHT, ROCK BACK ON THE LEFT. GRAPEVINE FOR TWO, LEFT BEHIND RIGHT, SHUFFLE TO THE LEFT ROCK BACK ON THE RIGHT. STEP RIGHT HALF TURN, STEP RIGHT HALF TURN

- 17-18 Side shuffle to the right
- 19-20 Rock back, left behind right
- 21-22 Grapevine, step left, right foot behind
- 23-24 Side shuffle to the left
- 25-26 Rock back right behind left and recover
- 27-30 Step right half turn twice
- 31-34 Right kick ball change twice

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT. SHUFFLE BACK ON THE RIGHT, SHUFFLE BACK ON THE LEFT

- 35-36 Shuffle forward. Right, left, right
- 37-38 Shuffle forward. Left, right, left
- 39-40 Shuffle back. Right, left, right
- 41-42 Shuffle back. Left, right, left

RIGHT SAILOR STEP, LEFT SAILOR STEP. ¾ TURN . LEFT KICK BALL CHANGE

- 43-44 Right behind left, step out on the left and recover on the right
- 45-46 Left behind right, step out on the right and recover on the left
- 47-48 ¾ turn over the right shoulder placing right foot behind the left
- 49-50 Left kick ball change

RIGHT HEEL, LEFT HEEL, RIGHT TOE, LEFT TOE, RIGHT HEEL, LEFT TOE, LEFT HEEL, RIGHT TOE

- 51-52 Right heel out switch to the left heel out
- 53-54 Switch to right toe behind then switch to left toe behind
- 55-56 Switch to right heel out then switch to left toe behind
- 57-58 Switch to left heel out then switch to right toe behind

RIGHT HEEL OUT, SWITCH LEFT OVER. LEFT HEEL OUT, SWITCH RIGHT OVER. RIGHT HEEL OUT, SWITCH TO LEFT HEEL OVER. LEFT HEEL OUT, SWITCH RIGHT OVER

- 59-60 Point right heel out to the side, switch to left foot over right
- 61-62 Point left heel out to the side, switch to right foot over left
- 63-66 Repeat 55-58

GRAPEVINE LEFT AND STOMP ON RIGHT

67-70 Step left, right foot behind step left, stomp right

RIGHT HEEL, LEFT HEEL, RIGHT TOE, LEFT TOE, RIGHT HEEL, LEFT TOE, LEFT HEEL, RIGHT TOE

71-78 Repeat 51-58

REPEAT
