

(I Can't Get No) Satisfaction

COPPER KNOB
BYEPOSTETS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Nicola Glenc (UK)
音樂: (I Can't Get No) Satisfaction - Britney Spears



Start on 52 count intro, when It goes quiet and Britney shouts "I can't get no...")

HEEL JACK, TOGETHER, TURN HEAD ¼, TURN HEAD ¼, STEP SIDE, CROSS, UNWIND, CHASSE RIGHT

&1 Step left foot back on left diagonal, tap right heel forward to right diagonal
&2 Step right foot in place, step left beside right
&3-4 Turn head ¼ turn left, turn head back ¼ turn right, step right to right side
5-6 Cross left over right, unwind ½ turn right (weight goes onto left foot)
7&8 Step right foot to right side, close left beside right, step right to right side

SIDE LEFT, HOLD, TOGETHER, SIDE, TOUCH, CHASSE RIGHT, STEP, PIVOT ½ TURN

9-10 Step left foot to left side, hold
&11-12 Close right beside left, step left to left side, touch right beside left
Option: when doing steps 25-28, you can do body rolls left or hip bumps left to add styling!
13&14 Step right to right side, close left beside right, step right to right side
15-16 Step forward on left foot, pivot ½ turn right, shifting weight onto right foot

WALK FORWARD; LEFT, RIGHT, STEP, PIVOT ½ TURN, RONDE HALF TURN, MAMBO ROCK

17-18 Walk forward left, right
19&20 Step forward on left foot, pivot ½ turn right
21-22 Sweep left toe out and round ½ turn right on ball of right foot, step left beside right
23&24 Rock back on right foot, rock forward on left, touch right beside left

KICK, BACK, TOUCH, KICK, ½ TURN, OUT, OUT

25&26 Kick right foot forward, step back on right foot, touch left toe beside right
&27&28 Step forward on left, kick right foot forward, make ½ turn on ball of left foot, stepping right foot out to side, step left foot out shoulder width apart
29-30 Body roll/snake roll left
Option: if you don't like body rolls/snake rolls, bump hips left-right-left
31-32 Body roll/snake roll right
Option: if you don't like body rolls/snake rolls, bump hips right-left-right

BACK ROCK, STEP, POINT, SPOT TURN, POINT; OUT-TOGETHER-OUT, CROSS UNWIND

&33-34 Rock back on left foot, rock forward on right, step forward on left
35-36 Point right toe to right side, spot turn making full turn right, stepping on right foot
37&38 Point left toe out to left side, touch left toe beside right, touch left to left side
39-40 Cross left toe over right, unwind ½ turn right (weight ends on left)

KICK-CROSS-BACK, BODY ROLL BACK, BODY ROLL FORWARD, SKATE ¼ TURN LEFT, STEP ¼ RIGHT, ¼ TURN POINT

41&42 Kick right foot forward, cross right foot over left, step back on left
43-44 Roll body back over two counts, weight ends on left
45-46 Roll body forward over two counts, weight ends forward on right
47&48 Skate/swivel ¼ turn left, step ¼ turn right, turn ¼ right on ball of right, pointing left toe to left side

LEFT SAILOR STEP, RIGHT SAILOR STEP, KICK-BALL-TOUCH, ½ TURN, POINT

49&50 Step left behind right, step right in place, step left beside right
51&52 Step right behind left, step left in place, step right beside left
53&54 Kick left foot forward, step left beside right, touch right toe back
55-56 Turn ½ turn right, changing weight onto right foot, point left toe to left side

**STEP, TURN ½, STEP TOUCH, TOUCH, BUMP HIPS; LEFT-RIGHT-LEFT-RIGHT, WALK FORWARD
LEFT-RIGHT**

57-58 Step on left foot, make ½ turn right, touching right toe forward
59-60 Step back on right foot, touch left toe beside right
61&62& Bump hips left, right, left, right (hips with 'real' attitude!)
63-34 Walk forward; left, right

REPEAT

TAG

To be done at the end of walls 1 & 2

PUNCH, PUNCH, CROSS, CROSS

1-2 Punch right fist forward, punch left fist forward
3-4 Cross right arm over left, touching left shoulder, cross left arm over right, touching right shoulder
