

I Can Love You Better

COPPERKNOB
STEPSHEETS

拍數: 48
編舞者: Mireia Alonso & Marti Prades (ES)
音樂: I Can Love You Better - The Chicks

級數: Intermediate west coast swing



WALK, WALK, KICK BALL CROSS, PIVOT TO LEFT, & RONDE, WEAVE

- 1-2 Right step forward, left step forward
3&4 Right foot kick diagonally (1:30), cross over to left, step to left side left foot
5-6 $\frac{1}{2}$ turn to left right foot, (body to 6:00) & continuous $\frac{1}{2}$ turning to left with left foot rondé (face to 12:00)
7&8 Left foot behind to right, right foot to right side, left foot cross over to right

RIGHT TOE TOUCH, ATTITUDE $\frac{1}{8}$ TURN TO LEFT & SLAP, STEP CROSS OVER, $\frac{1}{8}$ TURN TO LEFT & SWAY UP, STEPS AND TOE TOUCHES & FORWARD POINTS

- 1&2 Right toe touch beside to left, right foot attitude $\frac{1}{8}$ turn to left, slap right hand to right foot, right foot cross over to left (face to 10:30)
3-4 Step forward left foot turning $\frac{1}{8}$ to left, transfer of weight with sway up. (9:00)
5&6 Toe touch right behind left, step back right, point toe left forward,
&7&8 Step left forward, toe touch right behind left, step back right, point toe left forward,

RONDE, STEP, WALK $\frac{1}{2}$ TURN TO RIGHT, SHOULDER SHAKE & DIP DOWN-UP, POINT TO SIDE & TOUCH HEEL FORWARD

- 1&2 Rondé left foot, cross behind right, step forward right foot
3-4 Left forward $\frac{1}{2}$ turn to right, weight to left leg (face 3:00)
5&6 Shoulder shake (right shoulder up-down-up) ending knees dip down and up
7&8 Right foot point to right, right beside left, touch heel left forward.

TOE STRUTS FORWARD, $\frac{1}{4}$, $\frac{3}{4}$, $\frac{1}{4}$, $\frac{3}{4}$ TURNS TO RIGHT (CHAINES)

- &1-2 Left beside right, toe strut right forward lifting up right hip
3-4 Toe strut left forward lifting up left hip.
5-6 Right step forward (prep turn), step together with left rotating $\frac{1}{4}$ right (face 6:00)
&7-8 Rotate $\frac{3}{4}$ right stepping out on right (face 3:00) step together with left rotating $\frac{1}{4}$ right (face 6:00) rotating $\frac{3}{4}$ right stepping forward on right (face 3:00)

PRESS FORWARD, BACK LOCK, WEAVE $\frac{1}{4}$ TO LEFT, SWAY-UP

- 1-2 Press forward on left, recover weight to right
3&4 Step back left, right cross over left, step back left
5&6 Cross right behind left rotating $\frac{1}{8}$ to left, left to left side continuous rotating $\frac{1}{8}$ to left, right cross over left (face to 12:00)
7-8 Step left foot to left side, transfer of weight with sway up

SAILOR STEP, TOE STRUTS & $\frac{1}{2}$ TURNS TO LEFT (TWICE), SAILOR STEP $\frac{1}{2}$ TURN TO LEFT

- 1&2 Right cross behind left foot, left to left side, right to right side.
3-4 $\frac{1}{2}$ turn to left touching left toe out to left side lifting left hip, flatten left heel (face 6:00)
5-6 $\frac{1}{2}$ turn to left touching right toe out to right side lifting right hip, flatten right heel (face 12:00)
7&8 Left cross behind right, right out to right side turning $\frac{1}{4}$ to left, left forward turning $\frac{1}{4}$ to left (face 6:00)

REPEAT