I Can Dance!

拍數: 48   **牆數:** 4   **級數:** Intermediate

編舞者: Cindy Truelove (AUS) & Simon Ward (AUS)

音樂: Now I Can Dance (Single Edit) - Tina Arena

This is a Latin style dance with the accents on counts 4&5 and 8&1.

1-2-3	Walk forward right, then left, turn ½ left and step back on right (facing back wall)
4&	Step ball of left beside right, step right slightly forward
5-6-7	Walk forward left, then right, turn ½ right and step back on left (facing front)
8&	Step ball of right beside left, step left slightly forward
1-2-3	Walk forward right, then left, then right
4&	Rock on left to side, return weight to right at center and at same time bring left leg in beside right (no weight on left)
5-6-7	Step back on left, then right, then left
8&	Rock right to side, return weight to left at center and at the same time bring right leg in beside left (no weight on right)
1-2-3	Step right to side, cross left behind, step right to side turning ¼ right
4&	Rock forward on left, return weight to right turning ½ left
5-6-7	Step left forward, step on right and spin a full turn left, step left forward
8&	Rock forward on right, return weight to left turning ¼ right
1-2	Step right to side swaying hips to right and slightly raising left heel, repeat to left
3	Return weight to right sliding left in beside
4&	Place left behind right swiveling both heels in (like a Louie), straighten heels
5-8&	Repeat above counts 1-4& on left side
1-2-3	Rock right to right side, return weight to left, cross right over left
4&	Rock left to left side, return weight to right turning ¼ turn right
5-6-7	Rock left to left side, return weight to right, cross left over right
8&	Step right back, step left back beside right
1-2	Tap right heel forward at 45 degrees right, tap right heel forward across left at 45 degrees left
&	Pop left knee forward at the same time cross/touch right toes over left
3-4	Tap right heel forward across left at 45 degrees left, tap right heel forward at 45 degrees right
&	Step right beside left
5-8&	Repeat above counts 1-2 & 3-4 & on left

REPEAT