

I Can

拍數: 32 牆數: 4 級數: Improver
編舞者: Alison Metelnick (UK)
音樂: When the Wrong One Loves You Right - Céline Dion



RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT SHUFFLE FORWARD, SYNCOPATED ½ PIVOT RIGHT, STEP LEFT

1-2 Touch right toe forward, drop right heel to the floor
3-4 Touch left toe forward, drop left heel to the floor
5&6 Step right forward, step left next to right, step right forward
7&8 Step left forward, ½ pivot turn right (weight on right), step left forward

RIGHT FORWARD MAMBO STEP, ¼ LEFT COASTER STEP, RIGHT FORWARD MAMBO STEP, ¼ LEFT COASTER STEP

1&2 Step right forward, step left in place, step right next to left
3&4 Step left back, step right next to left, ¼ turn left stepping left forward
5&6 Step right forward, step left in place, step right next to left
7&8 Step left back, step right in place, ¼ turn left stepping left forward

RIGHT SIDE ROCK & RECOVER RIGHT CROSS, LEFT SIDE ROCK & RECOVER LEFT CROSS, RIGHT SHUFFLE FORWARD, LEFT TOUCH TOUCH

1&2 Rock right to right side, recover weight on left, cross step right over left
3&4 Rock left to left side, recover weight on right, cross step left over right
5&6 Step right forward, step left next to right, step right forward
7-8 Touch left toe forward, touch left toe to left side

You should be traveling forward on counts 1&2, 3&4 above

¼ LEFT, LEFT SAILOR STEP, ½ PIVOT LEFT, RIGHT SHUFFLE FORWARD, LEFT COASTER STEP

1&2 Cross step left behind right, ¼ turn left stepping right slightly back, step left forward
3-4 Step right forward, ½ turn left (weight on left)
5&6 Step right forward, step left next to right, step right forward
7&8 Step left forward, step right next to left, step left back

REPEAT
