

I Believe

拍數: 96 牆數: 1 級數: Intermediate
編舞者: Warren Choo (SG)
音樂: I Believe - Tata Young



STEP KICK, COASTER STEP, SCUFF, HITCH POINT, HOLD AND POINT

1-2 Step right forward, kick left forward
3&4 Step left back, step right beside left, step left forward
5&6 Scuff right forward, hitch and touch right diagonally back
7&8 Hold, step left beside right, point right diagonally back

ROCK RECOVER, COASTER ¼ TURN, ROCK RECOVER, FULL TURN

1-2 Rock right to right, recovered on to left
3&4 Step right behind left, step left beside right and ¼ turn left, step right forward
5-6 Rock left forward, recovered onto right
7&8 ½ turn left step left forward, step right beside left, ½ turn left step left forward

ROCK RECOVER, RONDE, STEP FORWARD, FULL TURN, FORWARD LOCK STEP

1-2 Rock right forward, recovered on to left
3&4 Ronde right behind left, step right behind left, step left forward
5-6 ½ turn right and step right forward, ½ turn right step left beside right
7&8 Step right forward, lock left behind right, step right forward

ROCK RECOVER, LEFT CHASSE, HIP BUMP, CROSS UNWIND

1-2 Rock left to left, recover onto right
3&4 Step left to left, step right beside left, step left to left
5-6 Bump right and left
7-8 Cross right behind left, ½ turn unwind

MODIFIED MONTEREY TURN

1-2 Point right to right, ½ turn right
3-4 Point left to left, touch left beside right
5-6 Point left to left, ½ turn left
7-8 Point right to right, touch right beside left

ROCKING CHAIR, STEP TOGETHER UPPER BODY SIDE ROLL

1-2 Rock right forward, recover on to left
3-4 Rock left backward, recover on to right
5-6 Step right beside left, hold
7-8 Upper body side roll, right to left (alternative: shoulder bump right and left)

STEP RIGHT, RIGHT CHASSES, ROCK KICK, COASTER STEP

1-2 Step right to right, step left beside right
3&4 Step right to right, step left beside right, step right to right
5-6 Rock left forward, kick left forward and rock onto right
7&8 Step left to back, step right beside left, step left forward

2X KICK BALL CHANGE, ¼ LEFT TURN POINT, POINT, SCUFF, HITCH STEPS

1&2 Kick right forward, step right beside left, change weight to left
3&4 Kick right forward, step right beside left, change weight to left
5&6& ¼ turn left point right to right, step right beside left, point left to left, step left beside right

7&8 Right scuff, hitch, touch right beside left

STEP LOCK, FORWARD SHUFFLE, FULL TURN HOOK, STEP TOGETHER

1-2 Right forward, lock left behind right
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward, make full turn right hooking right in front of left
7-8 Step right forward, step left to left (shoulder apart)

SHOULDER BUMP

1-2 Shoulder bump right, should bump left
3&4 Shoulder bump right, left, right
5-6 Shoulder bump left, should bump right
7&8 Shoulder bump, left, right, left

STEP TOGETHER, CHASSE RIGHT, CROSS STEP, CHASSE LEFT

1-2 Step right to right, step left beside right
3&4 Step right to right, step left beside right, step right to right
5-6 Rock left over right, recovered on right back
7&8 Step left to left, step right beside left, step left to left

PIVOT TURN, FORWARD SHUFFLE, PIVOT TURN, CROSS UNWIND

1-2 Step right forward, ½ turn left
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward, ½ turn right
7&8 Cross left over right, full turn unwind (weigh on left)

REPEAT

TAG

After 1st repetition

RUMBA BOX

1-2 Step right forward, hold
3-4 Step left to left, step right beside left
5-6 Step left back, hold
7-8 Step right to right. Step left beside right

RESTART

After 3rd repetition, only dance the last 32 counts through out the whole song
