

I Ain't No Quitter

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: I Ain't No Quitter - Shania Twain



¼ TURN RIGHT, SHUFFLES, RIGHT GRAPEVINE

1&2-3&4 Turning ¼ right shuffle forward right, left; right shuffle forward left, right, left
5-6-7-8 Turning ¼ left step right, left behind right, step right, touch left next to right

¼ TURN LEFT, SHUFFLES, LEFT GRAPEVINE

1&2-3&4 Turning ¼ left shuffle forward left, right, left shuffle forward right, left, right
5-6-7-8 Turning ¼ right step left, right behind left, step left, step right next to left

¾ TURN RIGHT, RIGHT AND LEFT HEELS TOGETHER

1-2-3-4 Touch right heel forward, step right next to left, while turning ¼ turn right touch left heel forward, step left next to right
5-6-7-8 While turning ¼ turn right touch right heel forward, step right next to left, while turning ¼ turn right touch left heel forward, step left next to right

SIDE SHUFFLES ROCK STEPS

1&2-3-4 Side shuffle right, stepping right, left, right rock back on left, recover on right
5&6-7-8 Side shuffle left, stepping left, right, left rock back on right, recover on left

REPEAT
