

Hysteria

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Hysteria - Def Leppard



SYNCOPATED CROSSOVERS, ¼ TURN (LEFT), ½ TURN (LEFT)

1 Cross step right over left, slightly lifting left off floor
&2 Step left back to floor, step right together
3 Cross step left over right, slightly lifting right off floor
&4 Step right back to floor, step left together
5 Step right forward
6 On (balls of) both feet, pivot ¼ turn left
7 Step right forward
8 On (balls of) both feet, pivot ½ turn left

SYNCOPATED CROSSOVERS, ¼ TURN (LEFT), ½ TURN (LEFT)

9-16 Repeat above counts 1-8 (same feet)

CROSS STEP, SIDE TOUCH, TOE SWITCHES, CROSS STEP, SIDE TOUCH, TOE SWITCHES

17 Cross step right in front of left
18 Touch left toe out to side
&19 Step left together, while touching right toe out to side
&20 Step right together, while touching left toe out to side
21 Cross step left in front of right
22 Touch right toe out to side
&23 Step right together, while touching left toe out to side
&24 Step left together, while touching right toe out to side

MAMBO FORWARD, ¼ TURN (RIGHT), COASTER STEP, TOE TOUCH BALL CHANGES

25 Step (rock) right forward, slightly lifting left off floor
&26 Step left back to floor, step right together
27 Turning ¼ turn right, step back on (ball of) left foot
&28 Step together on (ball of) right foot, step forward on left
29 Touch right toe forward (heel off floor)
&30 Slide right toe backward, while stepping forward on left
31 Touch right toe forward (heel off floor)
&32 Slide right toe backward, while stepping forward on left

REPEAT
