

Hurts

拍數: 32 牆數: 4 級數: Improver
編舞者: Gitte Engel
音樂: It Only Hurts When I Cry - Dwight Yoakam



BACK, CROSS & TOUCH, SHUFFLE FORWARD, FULL TURN LEFT, SHUFFLE FORWARD RIGHT

1-2 Step right back, cross and touch left toe over right
3&4 Shuffle forward on left, right, left
5-6 Full turn left, step back right ½ turn left, step left ½ turn forward
7&8 Shuffle forward on right, left, right

KICK LEFT, LOCKSTEP BACK, KICK RIGHT, LOCKSTEP BACK, ROCK STEP BACK ON LEFT

1-2&3 Kick left diagonal left, step left back, lock right over left, step back left
4-5&6 Kick right diagonal right, step right back, lock left over right, step back right
7-8 Rock back left, recover right (replace count 7-8 with count 1-2 and restart the dance her)

STEP LEFT ¼ TURN RIGHT, BEHIND SIDE ACROSS, STEP POINT TWICE, JAZZ BOX WITH ½ TURN

1-2 Step forward left, turn step right ¼ turn right
3&4 Step left behind right, step right to right, cross left over right
5-6 Point right to tight, cross step right over left
7-8 Point left to left, cross step left over right

JAZZ BOX ½ TURN RIGHT, HEEL BOUNCE ½ TURN LEFT

1-2 Cross right over left, step back left
3-4 Step right ½ turn forward right, step left next to right
5-8 Step forward right, bounce on heels three times making ½ turn left (weight ending on left)

REPEAT

RESTART

On wall 2 and wall 7, in section 2, replace count 7-8 with

1-2 Step back left, touch right beside left

And restart
