

# Hurts

拍數: 32      牆數: 4      級數: Improver  
編舞者: Gitte Engel  
音樂: It Only Hurts When I Cry - Dwight Yoakam



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## **BACK, CROSS & TOUCH, SHUFFLE FORWARD, FULL TURN LEFT, SHUFFLE FORWARD RIGHT**

1-2      Step right back, cross and touch left toe over right  
3&4      Shuffle forward on left, right, left  
5-6      Full turn left, step back right ½ turn left, step left ½ turn forward  
7&8      Shuffle forward on right, left, right

## **KICK LEFT, LOCKSTEP BACK, KICK RIGHT, LOCKSTEP BACK, ROCK STEP BACK ON LEFT**

1-2&3      Kick left diagonal left, step left back, lock right over left, step back left  
4-5&6      Kick right diagonal right, step right back, lock left over right, step back right  
7-8      Rock back left, recover right (replace count 7-8 with count 1-2 and restart the dance her)

## **STEP LEFT ¼ TURN RIGHT, BEHIND SIDE ACROSS, STEP POINT TWICE, JAZZ BOX WITH ½ TURN**

1-2      Step forward left, turn step right ¼ turn right  
3&4      Step left behind right, step right to right, cross left over right  
5-6      Point right to tight, cross step right over left  
7-8      Point left to left, cross step left over right

## **JAZZ BOX ½ TURN RIGHT, HEEL BOUNCE ½ TURN LEFT**

1-2      Cross right over left, step back left  
3-4      Step right ½ turn forward right, step left next to right  
5-8      Step forward right, bounce on heels three times making ½ turn left (weight ending on left)

## **REPEAT**

## **RESTART**

**On wall 2 and wall 7, in section 2, replace count 7-8 with**

1-2      Step back left, touch right beside left

**And restart**

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