

Hurt Train

拍數: 32
編舞者: Ingemar Kardeskog (SWE)
音樂: Hurt Train - Brooks & Dunn

牆數: 4

級數: Improver west coast swing



WALK, WALK, ANCHOR STEP, ANCHOR STEP, SAILOR ¼ TURN RIGHT

1-2 Walk right forward, walk left forward
3&4 Step right behind left, step left in place, step right back
5&6 Step left behind right, step right in place, step left back
7&8 Sweep right behind left turning ¼ right, step left in place, step right slightly forward
Tag 2 will appear here on 6th wall, then continue from count 9

ROCK, RECOVER, TRIPLE ¾ TURN LEFT, SIDE, RECOVER, BEHIND & SIDE, CROSS

1-2 Rock left forward, recover to right
3&4 Triple step ¾ turn left - stepping left, right, left
5-6 Rock right to right side, recover to left
7&8 Step right behind left, step left to left side, cross right over left

STEP, TOUCH BACK, UNWIND ½ RIGHT, TURN ½ RIGHT, & CROSS, RECOVER, & CROSS, RECOVER

1-2 Step left forward, touch right behind left
3-4 Turn ½ right taking weight on right, turn ½ right stepping left back
&5-6 Step right beside left, cross left over right, recover to right
&7-8 Step left to left side, cross right over left, recover to left

& SIDE, STEP ½ TURN RIGHT, CHASSE ¼ TURN RIGHT, BACK, ROCK, KICK BALL STEP

&1-2 Step right to right side, step left forward, turn ½ right stepping right forward
3&4 Turn ¼ left stepping left to left side, step right beside left, step left to left side
5-6 Rock right behind left, recover to left
7&8 Kick right forward, step ball of right beside left, step left forward

REPEAT

TAG 1

After 2nd wall, make 2 step ½ turns and start from the beginning

1-2 Step right forward, turn ½ left stepping left forward
3-4 Step right forward, turn ½ left stepping left forward

TAG 2

On 6th wall, dance section 1, make back rock and continue from section 2

1-2 Step left behind right, recover to right