

Hurt Me

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Carol Mckee (AUS)
音樂: Hurt Me All the Time - Keith Norris



TOE STRUTS X 8

1&2& Step right toe right, drop right heel, step left toe across right, drop left heel
3&4& Step right toe back, drop right heel, step left toe left, drop left heel
5&6& Step right toe across left, drop right heel, step left toe back, drop left heel
7&8& Step right toe right, drop right heel, step left toe forward, drop left heel

STEP, LOCK, STEP, SCUFF, TURNING TRIPLE STEP, SCUFF, STEP, LOCK STEP, SCUFF, TURNING TRIPLE STEP, SCUFF

1&2& Step forward right, lock left behind right, step forward right, scuff left
3&4& Turning ½ turn right triple step left-right-left, scuff right
5&6& Step forward right, lock left behind right, step forward right scuff left
7&8& Turning ½ turn right triple step left-right-left, scuff right

FORWARD, TAP, BACK, KICK, BEHIND, SIDE, ACROSS, SCUFF, FORWARD, TAP, BACK, KICK BEHIND, SIDE, ACROSS, SCUFF

1&2& Step right forward 45 degrees right, tap left toe behind right, step back left, kick right 45 degrees right
3&4& Step right behind left, step left foot to left (face front), cross right over left, scuff left 45 degrees left
5&6& Step left forward 45 degrees left, tap right toe behind left, step back right, kick left 45 degrees left
7&8& Step left behind right, step right foot to right (face front), cross left over right, scuff right

SIDE, BEHIND, TURN, SCUFF, TURN TRIPLES STEP, SCUFF, SIDE, BEHIND, TURN, SCUFF, TURN TRIPLE STEP, SCUFF

1&2& Step right foot to right, step left behind right, turning ¼ turn right step forward right, scuff left
3&4& Turning ¼ turn right triple step left-right-left, scuff right
5&6& Step right foot to right, step left behind right, turning ¼ turn right step forward right, scuff left
7&8& Turning ¼ turn right triple step left-right-left, scuff right

FORWARD, TAP, BACK, KICK, COASTER STEP, STOMP, APPLE JACKS X 4

1&2& Step right forward, tap left toe behind right, step back left, kick right forward
3&4& Step back right, step left next to right, step forward right, stomp left next to right
5&6& Apple jacks: left, center, right, center
7&8& Apple jacks: left, center, right, center

SIDE, TOGETHER, SIDE, TOGETHER, HEEL, TOGETHER, HEEL, TOGETHER, VAUDEVILLES TWICE

1&2& Touch right toe right, step right next to left, touch left toe left, step left next to right
3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
5&6& Step right across left, step back left, touch right heel 45 degrees right, step back on right
7&8& Step left across right, step back right, touch left heel 45 degrees left, step back on left

49-56 Repeat last 8 counts 41-48

FORWARD, ROCK, TURN TOE STRUT, FORWARD, TURN, TOE STRUT

1&2& Step right forward, rock back left, turning ½ turn right step right toe forward, drop right heel
3&4& Step left forward, pivot turn ½ turn right, step left toe forward, drop left heel

5&6& Step right forward, rock back left, turning ½ turn right step right toe forward, drop right heel
7&8& Step left foot to left, rock back onto right, step left toe across right, drop left heel

REPEAT

FINISH

Dance to count 10& then finish with

11&12 Step forward left, pivot turn ½ turn right (keep weight on right), stomp left forward
