

Hurricane Fresh

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK) & Maurice Rowe (USA)
音樂: Hurricane Fresh - MC Lars



ROCK AND STEP X4

- 1&2 Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides
3&4 Press left forward in front of right & clap hands, recover weight right, step left next to right & hands out to sides
5&6 Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides
7&8 Press left forward in front of right & clap hands, recover weight right, step left next to right & hands out to sides

JUMPING JACKS (OUT-IN-KICK-CROSS TWICE), TOUCH AND TOUCH AND TAP, TAP, LUNGE

- 1& Jump out, feet shoulder width apart, jump in (weight on the right foot)
2& Kick the left foot forward, cross the left foot over the right
3& Jump out, feet shoulder width apart, jump in (weight on the right foot)
4& Kick the left foot forward, cross the left foot over the right
5& Touch right forward, step right next to left
6& Touch left forward, step left next to right
7&8 Make ¼ turn right (leave left foot in place) tap right toe slightly to right twice (end in a lunge position weight right)

LOW IMPACT VERSION 1&, 2&, 3&, 4&

- &1 Transfer weight to right, point left out to left side bending right knee facing right diagonal
2 Point left forward straightening right leg facing front
3 Point left out to left side bending right knee facing right diagonal
4& Point left over right straightening right leg, step left next to right

SAILOR ¼ LEFT, RIGHT HITCH AND POINT, ½ LEFT, LEFT COASTER STEP

- 1&2 Step left behind right, make ¼ turn left stepping right next to left, step forward left
3&4 Hitch right, step right next to left, point left toe back
5-6 Make ½ turn left, weight ends on right with left toe pointing forward
7&8 Step left back, step right together, step right forward

RIGHT ROCK REPLACE BACK, DRAG AND TURN, SWITCHES LEFT & RIGHT & LEFT & RIGHT

- 1&2 Rock right forward, recover weight left, big step back with right
3&4 Drag left foot to right, step left next to right, make ¼ turn right crossing right over left (9:00)
5&6& Touch left to left, step left next to right, touch right to right, step right next to left
7&8 Touch left to left, step left next to right, touch right to right

REPEAT

TAG

Facing 3:00

CROSS BACK AND CROSS BACK AND CROSS BACK, SIDE

- 1-2&3 Step right across left, step left back, step right together, step left across right
4&5 Step right back, step left together, step right across left
6&7-8 Step left back, step right together, step left across right, step right to right

BUMP HIPS, 3 POINT TURN "ROLLING VINE" CROSS, SIDE, DRAG

1-2-3 Bump hips left, bump hips right, make $\frac{1}{4}$ turn left stepping forward left

4-5 Make $\frac{1}{2}$ turn left stepping back right, make $\frac{1}{4}$ turn left stepping left to left

6-7-8 Step right across left, big step left with left, drag right to left
