

Hung Up (On You)

COPPER **NOB**
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gary Lafferty (UK)
音樂: Hung Up - Madonna



KICK-BALL-POINT & POINT, ¼ MONTEREY TURN ; ROCK FORWARD, RECOVER, STEP BACK, SLIDE

1&2 Kick right foot forward, step on right foot beside left, point left foot out to left side
&3 Step on left foot beside right, point right foot out to right side
4 Turn ¼ right on ball of left foot, stepping down onto right foot beside left
5-6 Rock forward on left foot, recover weight onto right
7-8 Large step back on left foot, slide right foot back towards left

ZIG-ZAG! & CROSS-SHUFFLE, SIDE-ROCK, RECOVER ; CROSS, SIDE-TOGETHER-CROSS, STEP RIGHT

& Step on right foot beside left
1&2 Cross-step left foot over right, step to right on right foot, cross-step left foot over right
3-4 Rock to right on right foot, recover weight onto left foot
5 Cross-step right foot over left
6&7 Step to left on left foot, step on right foot beside left, cross-step left foot over right
8 Step to right on right foot

TOUCH BEHIND, UNWIND, HEEL & HEEL & ROCK FORWARD, RECOVER, RIGHT COASTER STEP

1-2 Touch left foot behind right, unwind ½ turn over left shoulder (transferring weight onto left foot)
3&4 Touch right heel forward, step on right foot beside left, touch left heel forward
&5-6 Step on left foot beside right, rock forward on right foot, recover weight back onto left foot
7&8 Step back on right foot, step on left foot beside right, step forward on right foot

LEFT SHUFFLE, ROCK FORWARD, RECOVER ; TRIPLE ½ TURN, LEFT KICK-BALL-POINT

1&2 Step forward on left foot, step on right foot beside left, step forward on left foot
3-4 Rock forward on right foot, recover weight back onto left foot
5&6 Shuffle ½ turn back over right shoulder stepping right, left, right
7&8 Kick left foot forward, step on left foot beside right, point right foot out to right side

REPEAT

Special thanks to Linsey Murney who initially recommended that I listen to the track!