

Hung Up

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jazzie Rhoades
音樂: Hung Up - Madonna



CROSS UNWIND, SWIVEL, WEAVE, SWEEP

- 1-2 Cross left over right. Unwind full turn
- 3-4 Bending knees slightly, swivel heels to right, and replace to center
- 5&6 Step left foot over right, step right to right side, step left behind right
- 7-8 Sweep right foot around and end slightly behind left

MASHED POTATOES, HEEL JACK, HEEL JACK WITH TOUCH

- &1&2 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right
- &3&4 Split both heels, split both toes as right foot moves behind left, split both heels moving left foot parallel with right, split both toes as left foot moves behind right
- &5&6 Step right foot slightly back, tap left heel diagonally forward, step left beside right, step right beside left
- &7&8 Step left foot slightly back, tap right heel diagonally forward, step right beside left, touch left beside right

½ PIVOT TURN, LEFT SHUFFLE, ROCK AND CROSS, ROCK AND CROSS

- 1-2 Step left foot forward, pivot ½ over right shoulder, replace weight on right
- 3&4 Step left foot forward, step right beside left, step left foot forward
- 5&6 Rock right to right side, recover onto left, cross right foot over left
- 7&8 Rock left to right side; recover onto right, cross left foot over right

¼ TURN SHUFFLE, TURN, TOUCH, KICK BALL CHANGE

- 1&2 Step right foot forward making ¼ turn right, step left beside right, step right forward
- 3-4 Step left forward turning ½ turn over right shoulder, on ball of left pivot ½ turn over right shoulder stepping right forward
- 5-6 Point left to left side, touch left beside right
- 7&8 Kick left foot forward; step left beside right, step right beside left

REPEAT
