

# Hula Hands

拍數: 64      牆數: 2      級數:  
編舞者: Margaret Mather  
音樂: Hula Hands - Randy Travis



## Using your hands for a hula sway

1-2-3&4      Sway right, forward step left, together, right, shuffle forward (right, left, right)  
5-6-7&8      Sway left, forward step right, together, left, shuffle forward (left, right, left)

1-2-3-4      Right, rocking chair (rock forward right, back left, back right forward left,)  
5-6-7&8      Step forward on right, turning  $\frac{1}{4}$  left rock onto left shuffle forward right

1-2-3-4      Left, rocking chair (rock forward left, back right, back left, forward right,)  
5&6-7-8      Shuffle forward left (left, right, left) rock forward right, back on left

1-2-3-4      Rock back on right, forward left, rock forward right, back on left  
5&6-7-8      Shuffle back on right, rock back on left, forward onto right

1-2-3&4      Step forward left, pivot  $\frac{1}{2}$  right, shuffle left, forward (left, right, left)  
5-6-7&8      Rock right, to side rock onto left, cross shuffle right, (right, left, right)

1-2-3&4      Rock left to side rock onto right, cross shuffle left, (left, right, left)  
5-6-7-8      Vine right, ending with right, in front (right, left, right, forward)

1&2-3-4      Shuffle right, side rock back on left, forward onto right  
5&6-7-8      Turning  $\frac{1}{4}$  right, shuffle back on left, rock back right forward on left

1&2      Shuffle forward right, (right, left, right)  
3-4-5-6      Left, rocking chair (forward left back right, back left forward right,)  
7-8      Step forward on left scuff right

**REPEAT**

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