

# Hudson Valley Cha Cha (P)

**COPPER** KNOB  
BY SHEETS

拍數: 32      牆數: 0  
編舞者: Dan Albro (USA)  
音樂: Man to Man - Gary Allan

級數: Intermediate Partner



**Position: Starts in closed social position**

## MAN'S FOOTWORK

### ROCK FORWARD, REPLACE, SHUFFLE BACK, ¼ TURN, CROSSOVER, SHUFFLE SIDE

1-2-3&4      Rock forward left, replace weight on right, shuffle back left-right-left  
5-6-7&8      Turn ¼ turn right stepping back on right, cross left over right, shuffle side right-left-right  
**Hands: on count 5 bring left hand over lady's head, on 7&8 catch lady with right hand behind her back**

### CROSS ROCK, REPLACE, SHUFFLE SIDE, ROCK, REPLACE, ½ TURN CHA-CHA-CHANGING SIDES

1-2-3&4      Cross rock left behind right, replace weight on right, shuffle side left-right-left  
5-6-7&8      Cross rock right behind left, replace weight on left, change sides turning ½ turn left shuffling right-left-right

**Hands: on count 5 catch lady with left hand behind her back, on 6 lift right hand up sending lady under right arm to other side**

### ROCK BACK, REPLACE, SHUFFLE, SIDE, TOGETHER, CHA-CHA-CHA

1-2-3&4      Rock back left, replace weight on right, shuffle LOD left-right-left  
5-6-7&8      Face partner stepping side right, step left next to right, shuffle side right-left-right  
**Hands: on count 1 pick up lady's right hand in your left hand, on 3&4 turn the lady bringing your left hand over her head, on 5 partners are in closed position, man facing center of the dance floor, lady facing outside**

### WEAVE OVER, SIDE, BEHIND, SIDE, ¼ TURN RIGHT SHUFFLING LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT

1-2-3-4      Cross left over right, step side right, cross left behind right, step side right doing a ¼ turn right  
5&6-7&8      Shuffle forward left, right, left, shuffle forward right, left, right  
**Hands: on count 5&6 bring left hand over lady's head leading her in front to closed position**

## REPEAT

## LADY'S FOOTWORK

### ROCK BACK RIGHT, REPLACE, SHUFFLE FORWARD RIGHT-LEFT-RIGHT, FULL TURN RIGHT, SHUFFLE SIDE LEFT-RIGHT-LEFT

1-2-3&4      Rock back right, replace left, shuffle forward right-left-right  
5-6-7&8      Turn ½ turn right stepping back on left, turn ½ turn right stepping forward on right, turn ¼ turn right and shuffle side left-right-left

### CROSS ROCK, REPLACE, SHUFFLE SIDE, CROSS ROCK, REPLACE, SHUFFLE CHANGING SIDES

1-2-3&4      Cross rock right behind left, replace on left, shuffle side right-left-right  
5-6-7&8      Cross rock left behind right, replace on right, shuffle side left-right-left changing sides turning ½ turn right

**Hands: on count 1,2 left hand behind gentleman, on count 5&6 right hand behind gentleman, on 7&8 lady slides right hand down man's left arm to pick up hand**

### ROCK REPLACE, TRIPLE FULL TURN, SIDE, TOGETHER, SHUFFLE SIDE LEFT

1-2-3&4      Rock back on right, replace left, turn a full turn left traveling LOD stepping right-left-right  
5-6-7&8      Step side left, step right next to left, shuffle side left-right-left  
**Hands: on 3&4 go under mans left arm, on 5,6 closed position facing outside line of dance**

**WEAVE LEFT, ¼ TURN RIGHT, TWO SHUFFLES DOING A FULL TURN RIGHT**

1-2-3-4      Cross right behind left, step side left, cross right over left, turn ¼ turn right while stepping back left

5&6-7&8      Traveling LOD - complete a full turn right shuffling right, left, right left, right, left

**REPEAT**

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