

# Howling Mad

拍數: 48      牆數: 2      級數: Improver  
編舞者: Lois Lightfoot (UK)  
音樂: Love Made Me Do It - Andrew Gold



## TOE, HEEL, STEP, HOLD RIGHT & LEFT

1-2      Touch right toe to left instep, touch right heel to left instep  
3-4      Step right foot over left, hold for one beat  
5-6      Touch left toe to right instep, touch left heel to right instep  
7-8      Step left foot over right, hold for one beat

## ¼ MONTEREY TURN RIGHT, TOES APART, HEEL APART

1-2      Touch right out to side, bring right back making ¼ turn to left  
3-4      Touch left out to side, step left back in place  
5-6      Split toes apart, bring toes back together  
7-8      Split heels apart, bring heels back together

## RUMBA BOX LEFT, RUMBA BOX RIGHT

1-2      Step left foot to left side, step right foot next to left  
3-4      Step left foot back, hold for one beat  
5-6      Step right foot to right side, step left foot next to right  
7-8      Step right foot forward, hold for one beat

## LEFT ROCK STEP BACK, STEP BACK, BACK, BACK HOLD

1-2      Rock forward onto left foot, rock back onto right foot  
3-4      Step left foot back hold for one beat  
5-6      Step right foot back, step left foot back  
7-8      Step right foot back, hold for one beat

## LEFT ROCK STEP FORWARD, STEP, STEP, STEP HOLD

1-2      Rock back onto left foot, rock forward onto right foot  
3-4      Step left foot forward, hold for one beat  
5-6      Step right foot forward, step left foot forward  
7-8      Step right foot forward, hold for one beat

## LEFT SIDE, TOGETHER, RIGHT SIDE ¼ TURN, LEFT BOX

1-2      Touch left out to side, step left next to right  
3-4      Touch right out to side, bring right back making ¼ turn to right  
5-6      Brush left foot forward, step left over right  
7-8      Step right foot back, step left foot to left side

**REPEAT**

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