

How-Zit-Go

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lorna Dennis (UK)
音樂: Black Eyes, Blue Tears - Shania Twain



KICK OUT & IN, RIGHT SHUFFLE, ROCK FORWARD & RECOVER

1&2 Kick right foot forward, step right foot out to right side, step left foot out to left side
3-4 Step right foot in place, step left foot in place
5&6 Step forward right, close left beside right, step forward right
7-8 Rock forward on left, rock back on right

COASTER STEP, STEP ½ TURN PIVOT, JAZZ BOX

9&10 Step back on left, step right beside left, step forward left
11-12 Step forward right, pivot ½ turn left
13-16 Cross right over left, step back on left, step right to right side, step left next to right (taking weight on left)

KICK OUT & IN, RIGHT SHUFFLE, ROCK FORWARD & RECOVER

17&18 Kick right foot forward, step right foot out to right side, step left foot out to left side
19-20 Step right foot in place, step left foot in place
21&22 Step forward right, close left beside right, step forward right
23-24 Rock forward on left, rock back on right

COASTER STEP, STEP ½ TURN PIVOT, MONTEREY TURN

25&26 Step back, back, step right beside left, step forward left
27-28 Step forward right pivot ½ turn left (keeping weight on left)
29 Touch right to right side
30 On ball of left foot pivot ½ turn right, stepping right beside left
31-32 Touch left toe to left side, step left beside right

MONTEREY TURN, SIDE, BEHIND RIGHT ¼ SHUFFLE

33-34 Touch right to right side, on ball of left foot pivot ½ turn stepping right beside left
35-36 Touch left toe to left side, step left beside right
37-38 Step right foot to right side, step left foot behind right foot
39-40 Step right foot ¼ turn to right side, close left beside right, step forward right

ROCK FORWARD & RECOVER, TRIPLE ½ TURN LEFT, TOE STRUTS

41-42 Rock forward on left, rock back on right
43&44 Triple step ½ turn stepping left, right, left
45-46 Step right toe forward, drop right heel taking weight
47-48 Step left toe forward, drop left heel taking weight

HIP BUMPS TWICE, HEEL & TOE STRUTS

49&50 Step right foot to right side and bump right hip to right side twice
51&52 Step left foot to left side and bump left hip to left side twice
53& Touch right heel forward, step right beside left
54& Touch left toe back, step left beside right
55& Touch right toe back, step right beside left
56& Touch left heel forward, step left beside right

ROCK FORWARD & RECOVER, TRIPLE ½ TURN RIGHT, ROCK FORWARD & RECOVER, COASTER STEP

57-58 Rock forward on right, rock back on left
59&60 Triple step ½ turn, stepping right, left, right
61-62 Rock forward on left, rock back onto right
63&64 Step back on left, step right beside left, step forward on left

REPEAT
