

# How Long?

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Max Perry (USA)  
音樂: How Long - Pete Andrew



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## FORWARD SHUFFLE, ½ TURN, FORWARD SHUFFLE, ½ TURN

1&2      Right shuffle forward (right-left-right)  
3-4      Step left forward & turn ½ right, step right in place  
5&6      Left shuffle forward (left-right-left)  
7-8      Step right forward & turn ½ left, step left in place

## TOUCH RIGHT, HOLD, TOUCH LEFT, HOLD

1-2      Touch right toe to right side, hold  
&3-4      Quickly step right next to left, touch left toe to left side, hold

## TOUCH, TOUCH, COASTER STEP, TOUCH, TOUCH, COASTER STEP

&5-6      Quickly step left next to right, touch right heel forward twice  
7&8      Step right back, step left next to right, step right forward  
1-2      Touch left heel forward twice  
3&4      Step left back, step right next to left, step left forward

## ½ TURN LEFT, ¼ TURN LEFT

5-6      Step right forward & turn ½ left, step left in place  
7-8      Step right forward & turn ¼ left, step left in place

## CROSS OVER & ROCK, SHUFFLE STEP, CROSS OVER & ROCK, SHUFFLE STEP

1-2      Rock step right forward & across left, step left in place  
3&4      Right shuffle to right (right-left-right)  
5-6      Rock step left forward & across right, step right in place  
7&8      Left shuffle to left (left-right-left)

## REPEAT

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