

How I Go

拍數: 78 牆數: 4
編舞者: Mitchell Burgess (AUS)
音樂: How I Go - Yellowcard

級數: Advanced waltz



RIGHT TWINKLE, UNWIND FULL TURN

1-2-3 Cross/step right over left, step left to left, step right in place
4-5-6 Touch left behind right, unwind full turn left over 2 counts (weight on left)

RIGHT TWINKLE, UNWIND FULL TURN

1-6 Repeat last 6 counts

ROCK/REPLACE, ½ RIGHT STEP FORWARD, STEP, PENCIL FULL TURN RIGHT, STEP

1-2-3 Rock/step forward right, replace weight to left, ½ turn right & step forward right
4-5-6 Step forward left, turn full turn right on ball of left (over 1 count) while keeping right beside left & raised slightly, step forward right

STEP, PENCIL TURN ¾ RIGHT, SCISSOR

1-2-3 Step forward left, turn ¾ turn right on ball of left (over 2 counts) while keeping right beside left & raised slightly
4-5-6 Step right to right, step left beside right, cross/step right over left

STEP DRAG, STEP DRAG TOGETHER

1-2-3 Big step to left, drag right to left over 2 counts
4-5-6 Big step right to right, drag left to right, step left beside right (weight left)

FRONT, SIDE, BEHIND, STEP DRAG TOGETHER

1-2-3 Cross/step right over left, step left to left, cross/step right behind left
4-5-6 Big step to left, drag right to left, step right beside left

BACK HOOK HOLD, FORWARD SWEEP

1-2-3 Step back left (facing 45 left) & hook right under left knee, hold 2 counts
4-5-6 Step forward right (to 45 left), sweep left around from back to side over 2 counts (turning 45 right) to face 3:00)

FRONT, SIDE, BEHIND, STEP, DRAG, TOGETHER

1-2-3 Cross/step left over right, step right to right, cross/step left behind right
4-5-6 Big step to right, drag left to right, step left beside right (weight left)

Restart from here on wall 5

RIGHT TWINKLE, LEFT SAILOR

1-2-3 Cross/step right over left, step left to left, replace weight to right
4-5-6 Cross/step left behind right, step right to right, step left in place

RIGHT TWINKLE, LEFT TWINKLE

1-2-3 Cross/step right over left, step left to left, replace weight to right
4-5-6 Cross/step left over right, step right to right, replace weight to left

CROSS, ¼ BACK, SIDE, COASTER CROSS

1-2-3 Cross/step right over left, turn ¼ right & step back left, step right to right
4-5-6 Step back left, step right beside left, cross/step left over right

STEP, PIVOT ½, STEP PIVOT ½

1-2-3 Step forward right, hold, pivot ½ left

4-5-6 Step forward right, hold, pivot ½ left

ROCK/REPLACE, ½ STEP, STEP PIVOT/SPIN ¾ RIGHT, TOUCH

1-2-3 Rock/step forward right, replace weight to left, turn ½ right & step forward right

4-5-6 Step forward left, pivot/spin ¾ turn right on ball of left (over 1 count), touch right to right side

REPEAT

RESTART

On wall 5, dance counts 1-48, then restart wall 6 at 3:00
