How Do I?



拍數: 40 牆數: 4 級數: Improver

編舞者: Jacob Stephenson (UK)

音樂: How Do I Live (Mr. Mig Remix) - LeAnn Rimes



The choreographer was age 9 when this dance was written

WALK FORWARD RIGHT, LEFT, RIGHT KICK BALL CHANGE

1-2 Walk forward on right, walk forward on left

3&4 Right kick ball change

STEP 1/4 TURN TWICE, RIGHT TOE TAPS, RIGHT SAILOR STEP, LEFT TOE TAPS LEFT SAILOR STEP

5-8 Step forward on right make ¼ turn left, step forward on right make ¼ turn left

9-10 Tap right toe in front, tap right toe to right side

11&12 Right sailor step

13-14 Tap left toe in front, tap left toe to left side

15&16 Left sailor step

SIDE TOGETHER SIDE SHUFFLE, CROSS ROCK, 1/4 TURN SHUFFLE

17-18 Step right to right side, step left next to right

19&20 Shuffle to the right on right, left, right

21-22 Cross rock left over right, recover weight back onto right

23&24 Side shuffle to left on, left, right, left making ¼ turn on last step

STOMP, HEEL BOUNCES X 3, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

25-28 Stomp forward on right, bounce heels 3 times while making ½ turn left

29&30 Right shuffle forward on, right, left, right 31&32 Left shuffle forward on, left, right, left

STEP PIVOT, SHUFFLE 1/2 TURN, SIDE SWITCHES

33-34 Step forward on right, pivot ½ turn left 35&36 Shuffle ½ turn on, right, left, right

37&38& Point left toe to side, quickly bring it back in place and point right toe

39&40& Quickly bring right back and point left, quickly bring left back with weight and point right

REPEAT

This dance is dedicated to my Grandad Geoff who taught me to line dance