

# How Do I?

拍數: 48      牆數: 2      級數:  
編舞者: Wrangler (Rozanne) Wild (AUS)  
音樂: How Do I Live - Trisha Yearwood



## STEP FORWARD, ½ TURN, LUNGE, STEP SIDE, TOGETHER, CROSS, SIDE, BEHIND, UNWIND ¾, BALL STEP ¼ TURN, STEP SIDE, BEHIND, UNWIND ¾, BALL STEP, SHUFFLE FORWARD

- 1&2      Step left forward, on ball of left spin ½ left keeping right close to left, lunge step right over left (6:00)
- 3&4&      Step left to side, step right beside left, step left over right, step right to side
- 5&6      Step left behind right unwinding ¾ left (weight left), step ball of right slightly back, step left slightly forward (9:00)
- &7      Turning ¼ left step right to side, step left behind right unwinding ¾ left (weight left)
- &8&1      Step ball of right slightly back, shuffle forward on left stepping left-right-left (9:00)

## STEP TOGETHER, BACK, BACK, CROSS STEP, BACK, FULL TRIPLE, CROSS STEP, STEP BACK 45 DEGREES SIDE

- &2-3-4      Step right beside left, step back on left, step right back, cross step left over right
- &5&6      Step right back, full turn triple left traveling slightly back stepping left-right-left
- 7&8      Cross step right over left, step left back at 45 degrees left, step right to side

## FULL TURN SIDE, STEP OVER, ¼ TURN, STEP BACK, COASTER, FULL TURN FORWARD, STEP FORWARD, ¼ TURN, STEP BEHIND, SIDE, FORWARD 45 DEGREES

- &1      Turning ½ right step left to side, turning ½ right step right to side (full turn traveling to side)
- 2&3&4      Step left over right, turning ¼ left step right back, coaster back on left (6:00)
- &5&6      Make full turning left stepping right-left, step right forward, pivot ¼ turn left (3:00)
- 7&8      Step right behind left, step left to side, step right forward at 45 degrees left (2:00)

## REPLACE, ½ TURN TOGETHER, STEP FORWARD, REPLACE, ½ TURN TOGETHER, STEP FORWARD, ¼ TURN, STEP FORWARD, LOCK, STEP FORWARD, ¼ TURN, STEP FORWARD, LOCK, FORWARD

- 1&2      Replace weight on left, still on diagonal turn ½ right stepping right beside left, step left forward (8:00)
- 3&4      Replace weight on right, still on diagonal turn ½ left stepping left beside right, step right forward (2, 00)
- &      On ball of right turn ¼ right to face 45 degrees right (4:00)
- 5&6      Step left forward over right at 45 degrees right, lock step right behind left, step left forward
- &      On ball of left turn ¼ left to face 45 degrees left (2:00)
- 7&8      Step right forward over left at 45 degrees left, lock step left behind right, step right forward

## 7/8 TURN, SIDE ROCK, REPLACE, ACROSS, SIDE, BEHIND, SIDE, ACROSS, BACK ROCK, STEP SIDE, ACROSS, UNWIND ¾, CROSS SHUFFLE

- &1&2      On ball of right spin 7/8 left (3:00), rock step left to side, replace weight on right, step left over right
- &3&4      Step right to side, step left behind right, step right to side, step left over right
- 5&6&      Back rock right behind left, step left to side, step right over left, unwind ¾ left ending weight right (6:00)
- 7&8      Cross shuffle left over right stepping left-right-left

## STEP SIDE, BALL CROSS, SIDE, SAILOR, HIP SWAYS, BALL CROSS, FULL TURN UNWIND, CROSS TOUCH

- 1&2&      Step right to side, step left back, step right over left, step left to side
- 3&4      Step right behind left, step left to side, step right to side (sailor)

Restart from here on wall 1, also, the dance ends here

5-6& Sway hips left, sway hips right, step left back

**Restart from here on wall 3**

7-8 Step right over left, on ball of right unwind full turn left dragging left around and end with left toe cross touching over right

**REPEAT**

**RESTART**

On wall 2 dance counts 1-44 only (sailor step) and restart on count 1

On wall 3 dance counts 1-46 only, (hip sways left, right)

**ENDING**

Dance to count 44 (sailor step) then step left behind right, unwind ½ left to front

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