

How Do

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數:
編舞者: James O. Kellerman (USA)
音樂: Down In Muddy Water - Brother Phelps



Position: Dance is done in 2 circles. One on the inside facing out, the other on the outside facing in. Stagger start dancers between people. The first person you will shake hands with is across the circle to your left. You can have both men and women in either line

SHUFFLE FORWARD, ROCK-STEP

1 Step forward with right foot
& Step together with left foot
2 Step forward with right foot
3 Step forward onto left foot
4 Rock back onto right foot

SHUFFLE BACK, ROCK-STEP

5 Step back with left foot
& Step together with right foot
6 Step back with left foot
7 Step back onto right foot
8 Rock forward onto left foot

¼ TURN, SIDE, TOGETHER, SHAKE HANDS

9 Step ¼ turn left with right foot
& Step together with left foot next to right foot
10 Step to right side with right foot
11-12 Touch left toe next to right foot, shake neighbors left hand twice, saying "how do!"

SIDE SHUFFLE, SHAKE HANDS

13 Step to left side with left foot
& Step together with right foot next to left foot
14 Step to left side with left foot
15-16 Touch right toe next to left foot, shake neighbors right hand twice, saying "just fine"

CROSS ROCK-STEP, TRIPLE STEP

17 Step forward-left across left leg with right foot
18 Rock back onto left foot
19 Step together with right foot next to left foot
& Step in place with left foot
20 Step in place with right foot

STEP, ¼ TURN, TOUCH, SLAP

21 Step forward with left foot
22 Pivot ¼ turn right, shift weight to right foot
23 Touch left toe next to right foot
24 Slap right hand with dancer across to your right and left hand with dancer across to your left, saying :whoo!"

STEP, SLIDE, STEP, SLIDE

25 Step to left side with left foot
26 Slide right foot next to left foot

- 27 Step to left side with left foot
- 28 Slide right foot next to left foot

HIP BUMPS: RIGHT, LEFT, RIGHT, LEFT

- 29 Bump hips to right side
- 30 Bump hips to left side
- 31 Bump hips to right side
- 32 Bump hips to left side

You will have moved 1 person to your left.

REPEAT
