

How D'ya Do It?

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alison Pudney (UK)
音樂: Howdy - The GrooveGrass Boyz



SWITCH STEPS, COASTER STEP

1&2 Touch right toe to right side, step right beside left, touch left heel forward
&3& Step left beside right, touch right toe behind left heel, step right beside left
4&5 Touch left toe to left side, step left beside right, touch right heel forward
&6& Step right beside left, touch left toe behind right heel, step left beside right
7&8 Step right back, step left beside right, step right forward

SWITCH STEPS, COASTER STEP

9&10 Touch left toe to left side, step left beside right, touch right heel forward
&11& Step right beside left, touch left toe behind right heel, step left beside right
12&13 Touch right toe to right side, step right beside left, touch left heel forward
&14& Step left beside right, touch right toe behind left heel, step right beside left
15&16 Step left back, step right beside left, step left forward

SIDE SHUFFLE, SAILOR STPE, SYNCOPATED WEAVE, VORDAVILLE STEP

17&18 Step right to right side, step left beside right, step right to right side
19&20 Step left behind right, step right to right side, step left to left side
21&22 Cross step right over left, step left to left side, cross step right behind left
&23 Step left to left side, cross step right over left
&24 Step left to left side, touch right heel diagonally forward to right

¼ TURN SHUFFLE, STEP PIVOTS, STOMP, STOMP, CLAP

25&26 Turn a ¼ right while stepping forward right, step left beside right, step right forward
27& Step left forward, pivot ½ turn right
28& Step left forward, pivot ½ turn right
29&30 Step left forward, step right beside left, step left forward
31&32 Stomp right forward, stomp left forward shoulder width apart, hold & clap hands

As you stomp right forward, slap right on front of right thigh. As you stomp left forward, slap left on front of left thigh

SIDE SHUFFLE, ROCK STEP, VINE, HEEL TOUCH, STEP, CROSS

33&34 Step right to right side, step left beside right, step right to right side
35-36 Rock back onto left, rock weight forward onto right
37-38 Step left diagonally forward left, cross step right behind left
&39 Step left to left side, touch right heel diagonally forward to right
&40 Step right back, cross step left over right

FULL MONTEREY TURN, TURNING SWITCH STEPS

41-42 Touch right toe to right side, spin a full turn (360) on ball of left foot to the right
43-44 Touch left toe to left side, step left beside right
45& Touch right toe to right side, step right beside left while turning a ¼ right
46& Touch left toe to left side, step left beside right
47& Touch right toe to right side, step right beside left while turning a ¼ right
48& Touch left toe to left side, step left beside right

FLICK, STEP, FLICK, ROGER RABBITS, COASTER STEP

- 49-50 Step right forward, flick left heel to left side and slap with left hand
51-52 Step left forward, flick right heel to right side and slap with right hand
&53 Scoot back on left foot while raising/hitching right knee, step back right
&54 Scoot back on right foot while raising/hitching left knee, step back left
55&56 Step right back, step left beside right, step forward right

SHUFFLE, STOMP, STOMP, CLAP, PADDLE TURNS

- 57&58 Step left forward, step right beside left, step left forward
59&60 Stomp right forward, stomp left forward shoulder width apart, hold & clap hands

As you stomp right forward, slap right on front of right thigh. As you stomp left forward, slap left on front of left thigh

- &61 Raise/hitch right knee while pivoting $\frac{1}{4}$ turn left, touch right toe to right side
&62 Raise/hitch right knee while pivoting $\frac{1}{4}$ turn left, touch right toe to right side
&63 Raise/hitch right knee while pivoting $\frac{1}{4}$ turn left, touch right toe to right side
&64 Raise/hitch right knee while pivoting $\frac{1}{4}$ turn left, touch right beside left

REPEAT
