

How About It

拍數: 40 牆數: 2 級數: Improver
編舞者: Nick Ray (UK)
音樂: What About Now - Lonestar



Start count 16 beats from very first note of track to get best phrasing

RIGHT CHASSE, STOMP TWICE, LEFT CHASSE, STOMP TWICE

1&2 Step right to right side, close left next to right, step right to right side
3 Stomp left
4 Stomp right
5&6 Step left to left side, close right next to left, step left to left side
7 Stomp right
8 Stomp left

RIGHT SHUFFLE FORWARD, ½ TURN RIGHT, LEFT SHUFFLE RIGHT SHUFFLE FORWARD

9&10 Right shuffle forward
11 Step forward left
12 Pivot ½ turn right (keeping weight on right foot)
13&14 Left shuffle forward
15&16 Right shuffle forward

KICK BALL POINT, TOUCH UNWIND ½ RIGHT, TOE STRUT BACK TWICE

17 Kick left foot forward
& Close left to right and lift ball of right foot (i.e. A touch)
18 Point right toe to right side
19 Cross right toe behind left foot
20 Unwind ½ turn right keeping weight on right foot
21 Step left toe back
22 Snap left heel down
23 Step right toe back
24 Snap right heel down

LEFT COASTER STEP, RIGHT SHUFFLE, ROCK STEP, LEFT SHUFFLE BACK

25 Step back left
& Step back right
26 Step forward left
27&28 Right shuffle forward
29 Rock forward onto left
30 Rock back onto right
31&32 Left shuffle backwards

RIGHT COASTER STEP, VINE RIGHT, ¼ TURN RIGHT TWICE, TOUCH

33 Step back right
& Step back left
34 Step forward right
35 Cross left over in front of right
36 Step right to right side
37 Step left behind right
38 Step ¼ right onto right
39 Step ¼ right onto left (now completed a half turn)

40

Touch right beside left

REPEAT
