

How 'bout You!

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Linda Burgess (AUS)
音樂: How About You - Eric Church



SAMBA CROSS, ¼ COASTER, FULL TURN TRIPLE, SHUFFLE FORWARD

1&2-3&4 Rock/step right to right, replace weight to left, cross/step right over left, turn ¼ right & step back left, step right beside left, step forward left

The following counts 5 & 6 can be replaced with shuffle forward right

5&6-7&8 Turn ½ left & step back right, turn ½ left & step forward left, step forward right, shuffle forward left, right, left

FORWARD MAMBO, BALL JACK, BALL STEP, ¼ FORWARD MAMBO, BALL JACK, BALL STEP

1&2&3&4 Rock/step forward right, replace weight to left, step right beside left, step back left, touch right heel forward, step right beside left, step forward left

5&6&7&8 Turn ¼ right & rock/step forward right, replace weight to left, step right beside left, step back left, touch right heel forward, step right beside left, step forward left

SHUFFLE RIGHT, CROSS REPLACE, SIDE REPLACE, TOUCH UNWIND ½ LEFT, SHUFFLE RIGHT

1&2-3&4& Shuffle to right side stepping right, left, right, cross/rock left over right, step right in place, rock/step left to left side, step right in place

5-6-7&8 Touch left behind right, unwind ½ turn left, (weight left) shuffle to right side, stepping right, left, right

CROSS REPLACE, SIDE REPLACE, TOUCH UNWIND ½ LEFT, TOUCH UNWIND ½ LEFT, TWIST RIGHT-LEFT-RIGHT

1&2&3-4 Cross/rock left over right, step right in place, rock/step left to left side, step right in place, touch left behind right, unwind ½ turn left (weight left)

5-6-7&8 Touch right over left, unwind ½ turn left & changing weight to right (feet slightly apart), twist heels to right, left, right

RIGHT SAILOR, LEFT SAILOR, CROSS SHUFFLE, ¼, ½ STEP FORWARD

1&2-3&4 (Traveling back)- right sailor, left sailor

5&6-7&8 Cross/step right over left, step left to left, cross/step right over left, turn ¼ right & step back left, turn ½ right & step forward right, step forward left

STOMP TWIST TWIST, STOMP TWIST TWIST, SYNCPTD WEAVE, TOUCH UNWIND ½

1&2-3&4 Stomp right forward, twist heels right, twist heels left to center, stomp left forward, twist heels left, twist heels right to center

5&6&7-8 Cross/step right over left, step left to left, cross/step right behind left, step left to left, touch right over left, unwind ½ turn left (weight left)

CROSS/ ROCK REPLACE, TRIPLE TURN RIGHT, CROSS/ROCK REPLACE, TRIPLE TURN LEFT

1-2-3&4 Cross/rock right over left, replace weight to left, full turn triple to right stepping right, left, right (on the spot)

5-6-7&8 Cross/rock left over right, replace weight to right, full turn triple to left stepping left, right, left (on the spot)

SHUFFLE FORWARD, STEP PIVOT ½ STEP, PIVOT ½, TOGETHER, STEP FORWARD TOUCH

1&2-3&4 Shuffle forward right, left, right, step forward left, pivot ½ turn right, step forward left

5-6&7-8 Step forward right, pivot ½ turn left, step right beside left, step left to left side dragging right, flick right behind left

REPEAT

FINISH

Dance counts 1-16, then add the following steps at (12:00)

1&2-3-4 Stomp right forward, twist heels right, twist heels left to center, step forward left, scuff right forward

5-13& Repeat last 4 counts twice, then hop forward on right, stomp left beside right
