

拍數: 68 牆數: 2 級數: Intermediate

編舞者: Gaye Teather (UK)

音樂: Hotrod Heart - Diamond Jack



Begin 16 counts after the "1,2,3,4" by singer, starting on vocals "oooh"

RIGHT STOMP, HEEL BOUNCES X 3, LEFT ROCKS FORWARD & BACK

1-4 Stomp right foot forward, keeping right toe on floor, bounce right heel 3 times transferring

weight forward onto right foot on last bounce

5-8 Rock forward on left foot and recover back onto right, rock back on left foot and recover

forward onto right,

LEFT STOMP, HEEL BOUNCES X 3, RIGHT ROCKS FORWARD AND BACK

9-12 Stomp left foot forward, keeping left toe on floor, bounce left heel 3 times transferring weight

forward onto left foot on last bounce

13-16 Rock forward on right foot and recover back onto left, rock back on right foot and recover

forward onto left

Styling note: during the heel bounces, place hands on thighs and push the corresponding shoulder forward in line with the front foot leaning slightly forward, give it some attitude!

RIGHT JAZZ BOX

17-20 Cross right foot over left, step back on left, step right to right, close left beside right taking

weight onto left

RIGHT VINE, FULL ROLLING TURN LEFT

21-24 Step right foot to right, cross left behind right, step right to right, touch left beside right

25-28 Step left 1 / 4 turn left, make 1 / 2 turn left stepping back on right, make 1 / 4 turn left stepping

left to left side, touch right beside left

WALK BACK RIGHT, LEFT, SHUFFLE 1 / 2 TURN RIGHT, STEP PIVOT 1 / 2 TURN RIGHT, LEFT SHUFFLE FORWARD

29-30 Walk back right and left

31&32 Make 1 / 2 turn right stepping forward on right, step left beside right, step forward on right

33-34 Step forward on left, pivot 1 / 2 turn right

35-36 Step forward on left, step right beside left, step forward on left

CROSS-SIDE, SAILOR STEP TWICE

37-38 Cross step right over left, step left to left side

39&40 Cross right behind left, step left to left, step right in place

41-42 Cross step left over right, step right to right side

43&44 Cross left behind right, step right to right, step left in place

CROSS, 1/4 TURN RIGHT, RIGHT SHUFFLE BACK, ROCK STEP, LEFT SHUFFLE FORWARD

45-46 Cross step right over left, make ½ turn right stepping back on left

47&48 Step back on right, step left beside right, step back on right

49-50 Rock back on left, recover forward onto right

51&52 Step forward on left, step right beside left, step forward on left

CROSS, UNWIND $\frac{1}{2}$ TURN LEFT WITH HEEL BOUNCES, STOMP-CROSS RIGHT, HOLD, STOMP-CROSS LEFT, HOLD

53-56 Cross right over left, unwind ½ turn left bouncing heels 3 times (weight ends on left foot)

57-60 Stomp right foot across left, hold, stomp left foot across right, hold

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, LEFT SAILOR WITH 1/4 TURN LEFT

Rock right foot to right side, recover onto left

63&64 Cross step right over left, step left to left, cross step right over left

Rock left foot to left side, recover onto right

67&68 Cross left behind right making ½ turn left, step right to right, step left in place

REPEAT

TAG

On the 4th sequence, dance up to step 36 and add the following 4 counts:

1-4 Walk forward right, left, right, left

Then begin dance again from the beginning.