

Hotfootin'

拍數: 64 牆數: 2 級數:
編舞者: Lana Harvey (USA)
音樂: If I Fall - Trace Adkins



KICK, CROSS, BACK, BACK, KICK, CROSS, BACK, BACK

- 1 Kick left foot forward.
- 2 Cross left foot in front of right foot.
- 3 Step back on right foot.
- 4 Step back on left foot.
- 5 Kick right foot forward.
- 6 Cross right foot in front of left foot.
- 7 Step back on left foot.
- 8 Step back on right foot.

HEEL TOE STRUTS, OUT OUT, IN IN

- 9 Put left heel forward.
- 10 Drop left toe.
- 11 Put right heel forward.
- 12 Drop right toe.
- 13 Step out to left side with left foot.
- 14 Step out to right side with right foot.
- 15 Step in with left foot.
- 16 Step in with right foot.

SLOW LEFT VINE, SCUFF

- 17 Step to left with left foot.
- 18 Hold.
- 19 Cross right foot behind left foot.
- 20 Hold.
- 21 Step to left with left foot.
- 22 Hold.
- 23 Scuff right heel forward.
- 24 Hold.

RIGHT VINE, SCUFF, HEEL, HEEL, BACK, BACK

- 25 Step to right with right foot.
- 26 Cross left foot behind right foot.
- 27 Step to right with right foot.
- 28 Scuff left heel forward.
- 29 Step forward on left heel.
- 30 Step forward on right heel. (you now are on both heels)
- 31 Step back with left foot.
- 32 Step back with right foot.

HEEL, HOME, HEEL, HOME, HEEL, HOME, HEEL, TOUCH

- 33 Touch left heel forward.
- 34 Bring left foot back next to right.
- 35 Touch right heel forward.
- 36 Bring right foot back next to left.
- 37 Touch left heel forward.

- 38 Bring left foot back next to right.
- 39 Touch right heel forward.
- 40 Touch right toe next to left instep.

BOOT SLAPS WITH ¼ TURN TO THE RIGHT

- 41 Touch right heel forward.
- 42 Bring right foot up in front of left leg and slap with left hand.
- 43 Step forward with right foot making a ¼ turn to the right.
- 44 Bring left foot up behind right leg and slap with right hand.
- 45 Step left foot next to right foot.
- 46 Bring right foot up in front of left leg and slap with left hand.
- 47 Touch right toe out to right side.
- 48 Bring right foot up in front of left leg and slap with left hand.

SLOW JAZZ SQUARE

- 49 Step forward on right foot.
- 50 Hold.
- 51 Cross left foot in front of right foot.
- 52 Hold.
- 53 Step back on right foot.
- 54 Hold.
- 55 Step back on left foot.
- 56 Hold.

FORWARD VINE, ¼ PIVOT, ¼ PIVOT

- 57 Step forward on right foot.
- 58 Step left foot forward and to outside of right foot.
- 59 Step forward on right foot.
- 60 Hold.
- 61 Touch left toe out to left side.
- 62 Pivot ¼ turn to the right on ball of right foot.
- 63-64 Repeat 61 and 62. You are now facing original back wall.

REPEAT
