Hotfootin'



拍數: 64 牆數: 2 級數:

編舞者: Lana Harvey (USA) 音樂: If I Fall - Trace Adkins



KICK, CROSS, BACK, BACK, KICK, CROSS, BACK, BACK

1	Kick left foot forward.

2 Cross left foot in front of right foot.

Step back on right foot.
Step back on left foot.
Kick right foot forward.

6 Cross right foot in front of left foot.

7 Step back on left foot.8 Step back on right foot.

HEEL TOE STRUTS, OUT OUT, IN IN

9 Put left heel forward.

10 Drop left toe.

11 Put right heel forward.

Drop right toe.

Step out to left side with left foot.Step out to right side with right foot.

Step in with left foot.Step in with right foot.

SLOW LEFT VINE, SCUFF

17 Step to left with left foot.

18 Hold.

19 Cross right foot behind left foot.

Hold.

21 Step to left with left foot.

22 Hold.

23 Scuff right heel forward.

24 Hold.

RIGHT VINE, SCUFF, HEEL, HEEL, BACK, BACK

Step to right with right foot.
Cross left foot behind right foot.
Step to right with right foot.
Scuff left heel forward.
Step forward on left heel.

30 Step forward on right heel. (you now are on both heels)

31 Step back with left foot.32 Step back with right foot.

HEEL, HOME, HEEL, HOME, HEEL, TOUCH

Touch left heel forward.

34 Bring left foot back next to right.

Touch right heel forward.

36 Bring right foot back next to left.

37 Touch left heel forward.

38	Bring left foot back next to right.
39	Touch right heel forward.
40	Touch right toe next to left instep.

BOOT SLAPS WITH 1/4 TURN TO THE RIGHT

41	l ouch right neel forward.
42	Bring right foot up in front of left leg and slap

Step forward with right foot making a ¼ turn to the right.

Bring left foot up behind right leg and slap with right hand.

with left hand.

45 Step left foot next to right foot.

46 Bring right foot up in front of left leg and slap with left hand.

47 Touch right toe out to right side.

48 Bring right foot up in front of left leg and slap with left hand.

SLOW JAZZ SQUARE

49 Step forward on right foot.

50 Hold.

51 Cross left foot in front of right foot.

52 Hold.

53 Step back on right foot.

54 Hold.

55 Step back on left foot.

56 Hold.

FORWARD VINE, 1/4 PIVOT, 1/4 PIVOT

57 Step forward on right foot.

Step left foot forward and to outside of right foot.

59 Step forward on right foot.

60 Hold.

Touch left toe out to left side.

62 Pivot ¼ turn to the right on ball of right foot.

Repeat 61 and 62. You are now facing original back wall.

REPEAT