

Hot, Strong & Sweet

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Alan Clarke (UK) & Nikki Hack (UK)
音樂: Coffee - Supersister



SYNCOPATED JUMP BACK, 3 KNEE POPS, KICK FORWARD, KICK ¼, COASTER STEP

&1 Step right foot back, step left foot back (feet slightly apart)
2 Pop right knee forward
3-4 Pop left knee forward, pop right knee forward
5-6 Kick right foot forward, kick right foot forward turning ¼ to the right
7&8 Step right foot back, step left next to right, step forward on right

2 TOE STRUTS, STEP TURN ¼, CROSS CHASSIS

1-2 Step left foot forward, place left heel down
3-4 Step right foot forward, place right heel down
5-6 Step left foot forward, turn ¼ to the right (weight on right foot)
7&8 Cross left foot over right step right foot to the side, cross left foot over right

ROCK REPLACE, CROSS CHASSIS, ROCK REPLACE, CROSS CHASSIS

1-2 Rock right to right side, rock back on left
3&4 Cross right foot over left, step left to the side, cross right over left
5-6 Rock left to left side, rock back on right
7&8 Cross left foot over right, step right to the side, cross left over right

KICK BALL FORWARD, TAP HEEL TWICE, ½ TURN LEFT TAPPING HEEL TWICE HOOK ½ TURN

1&2 Kick right foot forward, step right foot next to left, step forward on left
& Step forward on right foot
3-4 Tap right heel twice
& Turn ½ turn over left shoulder
5-6 Tap left heel twice
7-8 Hook right foot behind left leg, turn ½ turn over left shoulder

REPEAT
