

# Hot, Hot, Hot

**COPPER** KNOB  
BY STEPHEN

拍數: 0      牆數: 0      級數: Phrased Intermediate / Advanced  
編舞者: Niels Poulsen (DK)  
音樂: Hot! - Nik & Jay



Sequence: When dancing to Nik & Jay, it's AAB, AABB, AAC, BCB. When dancing to Donna Summer, it's AAB, AAB, AAB, B.

## PART A

**RIGHT HEEL BOUNCES TWICE, RIGHT KICK BALL CHANGE, CROSS RIGHT OVER LEFT, STEP ONTO LEFT TURNING ¼ RIGHT, SHUFFLE BACKWARDS RIGHT-LEFT-RIGHT**

- 1-2            Point right foot forward bouncing right heel twice (weight on left all the time)
- 3&4           Kick right foot forward & step back on right, change weight to left foot
- 5-6           Cross right over left, step left to left turning ¼ right on left
- 7&8           Shuffle backwards on right, left, right

**STEP LEFT FORWARD, SCUFF RIGHT & STEP DOWN RIGHT, TURN ¼ STEPPING LEFT TO LEFT, TOUCH RIGHT NEXT TO LEFT, POINT RIGHT, HITCH RIGHT, STEP FORWARD RIGHT, POINT LEFT OUT**

- 1-2            Step forward on left foot, scuff right foot raising you knee just a little
- &3-4          Step down on right foot turning ¼ right stepping left to left, touch right next to left
- 5-6            Point right to right, hitch right
- 7-8            Step forward onto right foot, point left out to left

**CROSS POINTS TWICE, CROSS LEFT OVER RIGHT, UNWIND ½ RIGHT, RIGHT KICK BALL POINT**

- 1-2            Cross left over right moving slightly forward, point right to side
- 3-4            Cross right over left moving slightly forward, point left to side
- 5-6            Cross left over right, unwind ½ right ending with weight on left
- 7&8            Kick right foot forward & step back onto right foot, point left to left side

**Styling (legs/knees and arms):**

- 1              Bend down a little in your knees crossing your arms in front of each other (arms are straight).
- 2              Straighten knees raising both arms up to app. Horizontal level. You angle your body slightly to the left
- 3-4            Repeat same pattern bending and straightening your knees and crossing and raising your arms while angling the body slightly to the right
- 5              Lower your arms to normal level

**STEP FORWARD LEFT, TURN ¼ LEFT HITCHING RIGHT KNEE, CROSS RIGHT OVER LEFT, STEP LEFT TO LEFT, KNEE POPS TWICE, TURN ¼ RIGHT, STEP FW LEFT**

- 1-2            Step forward onto left foot, turn ¼ on left foot hitching right knee
- 3-4            Cross right over left, step left to left side
- &5&6          Raise both heels from floor, lower them onto the floor again. Repeat (weight should be on left foot)
- 7-8            Step right to right side, step forward onto left

## PART B

**STEP RIGHT FORWARD DIAGONALLY, STEP LEFT FORWARD DIAGONALLY, STEP BACK ON RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT TO LEFT, STEP RIGHT, TOUCH LEFT TO RIGHT (CLAPS)**

- 1-2            Step diagonally forward on right, step diagonally left and clap
- 3-4            Step back on right, touch left next to right and clap
- 5-6            Step left to left side, touch right next to left and clap
- 7-8            Step right to right, touch left next to right and clap

**PLIÉ, HOLD, STEP LEFT BEHIND RIGHT (WEIGHT ON LEFT), HOLD, RIGHT SHUFFLE FORWARD, STEP FORWARD LEFT TURNING ¼ RIGHT, TOUCH RIGHT NEXT TO LEFT**

- 1-2 Step left out to side bending both knees (raise your arms up), hold  
3-4 Recover to standing position but stepping left foot behind right in extended 5th position (lower your arms down) (weight on left foot), hold  
5&6 Shuffle right, left, right (hinting at the audience to come closer with your right index finger!)  
7-8 Step forward on left turning ¼ right, touch right next to left

**STEP RIGHT TO RIGHT, SLIDE LEFT TO RIGHT & POINT RIGHT, HOLD, CROSS UNWIND ½ LEFT, LEFT KICK BALL POINT OUT**

- 1-2 Step right to right side, slide left next to right  
&3-4 Step down on left & point right to right side, hold  
5-6 Cross right over left, unwind ½ left (ending with weight on right)  
7&8 Kick left forward & step back on left, point right out to side

**HEEL JACKS TWICE, MONTEREY WITH ¼ RIGHT**

- 1&-2& Cross right over left stepping back on left, touch right heel diagonally forward stepping right next to left (weight on right)  
3&-4& Cross left over right stepping back on right, touch left heel diagonally forward stepping left next to right (weight on left)  
5-6 Point right to right side, bring right next to left turning ¼ right (weight on right)  
7-8 Point left to left side, bring left next to right (weight on left)

**PART C**

**STEP BACK ON RIGHT, BODY ROLL DOWN/UP, STEP FORWARD ON LEFT**

- 1-3 Step back on right starting the body roll, roll down and up (weight should be on right)  
4 Step forward onto left foot (recovering weight onto left)

**Alternative move to body roll:**

**JUMP BACK ON RIGHT LEFT, HOLD (SNAP YOUR FINGERS OR CLAP), JUMP FORWARD ON RIGHT LEFT, HOLD (SNAP YOUR FINGERS OR CLAP)**

- &1-2 Jump quickly back on right and left feet, hold while snapping your fingers or clapping once  
&3-4 Jump quickly forward on right and left feet, hold while snapping your fingers or clapping once
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