Hot'n Kick'n Dipper



拍數: 44 牆數: 2 級數:

編舞者: Ronnie Fortt (UK)

音樂: Work Song - Corbin/Hanner



CHARLESTON KICKS WITH DIP

1-2 Step right foot forward. kick left foot forward and clap.

3-4 Step left foot back. Touch right foot back dipping body down.

5-8 Repeat steps 1-4

CROSS POINT STEPS FORWARD SHIMMY/SWAY

9-10 Cross right foot over left. touch left toe to left side.
11-12 Cross left foot over right. touch right toe to right side.
13-14 LADY: Step right foot to right side and shimmy.

MAN: Sway to right and clap.

15-16 **LADY:** Step left foot to left side and shimmy.

MAN: Sway to left and clap.

17-24 Repeat steps 9-16

Alternatively steps 13-16 men could do 4 pelvic thrusts.

LONG STEP FORWARD AND BACK

Take large step forward on the right foot.
Slide left foot beside right and touch.
Take large step back on left foot.
Slide right foot beside left and touch.

ROLLING GRAPEVINES, TURNS RIGHT AND LEFT.

29-32 Rolling grapevine making a full turn to the right. Clapping on last beat Rolling grapevine making a full turn to the left. Clapping on last beat.

RIGHT JAZZ BOX TURNS TWICE

37-38 Cross right foot over left. Step left foot back.
 Right foot steps to make a ¼ turn right.

40 Step left foot next to right. 41-44 Repeat steps 37-40

REPEAT