

Hot Wired

拍數: 64 牆數: 2 級數: Improver
編舞者: Mary Kelly (UK)
音樂: Proper Introduction To The Blues - JW Houston



WALK FORWARD RIGHT HOLD LEFT HOLD SLOW COASTER FORWARD

1-2 Step forward on right, hold (clap optional)
3-4 Step forward on left, hold (clap optional)
5-8 Step forward right, close left beside right, step back on right, hold

WALK BACK LEFT HOLD RIGHT HOLD SLOW COASTER BACK

9-10 Step back on left, hold (clap optional)
11-12 Step back on right, hold (clap optional)
13-16 Step back on left, close right beside left, step forward on left, hold

SLOW CROSS ROCK QUARTER TURN TOUCH POINT HOLD

17-20 Cross rock right over left, hold, rock back in place on left, hold
21-24 Step quarter turn right on right, touch left beside right, point left to left, hold

SLOW CROSS ROCK QUARTER TURN TOUCH POINT HOLD

25-28 Cross rock left over right, hold, rock back in place on right, hold
29-32 Step quarter turn left on left, touch right beside left, point right to right, hold

CROSS STRUT SIDE STRUT CROSS STRUT SIDE ROCK

33-34 Cross right toes over left foot, snap right heel down
35-36 Step left on left toes, snap left heel down
37-38 Repeat counts 33-34
39-40 Rock to left on left, rock back in place on right

CROSS STRUT SIDE STRUT CROSS STRUT SIDE ROCK

41-42 Cross left toes over right foot, snap left heel down
43-44 Step right on right toes, snap right heel down
45-46 Repeat counts 41-42
47-48 Rock to right on right, rock back in place on left

SLOW JAZZ BOX WITH QUARTER TURN TO RIGHT

49-52 Cross right over left, hold, step back on left, hold
53-56 Step quarter turn right on right, hold, close left beside right, hold

JAZZ BOX WITH QUARTER TURN HOLD SIDE ROCK STOMP HOLD

57-60 Cross right over left, step back on left, step quarter turn right on right, hold
61-64 Rock to left on left, rock back in place on right, stomp left beside right, hold

REPEAT
