

I Would

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sarah Massey (UK)
音樂: I'm Gonna Be (500 Miles) - The Proclaimers



WALKS FORWARD WITH KICK - WALKS BACK COASTER STEP

1-4 Walk forward right, left, right, kick left foot forward
5-6 Walk back left, right
7&8 Step back left, step right next to left, step forward left

WALKS FORWARD WITH KICK - WALKS BACK COASTER STEP

9-16 Repeat above 8 counts

GRAPEVINE WITH CROSS STEP RIGHT AND LEFT

17-18 Step right to right side, cross step left behind
&19-20 Step right to side, cross step left over right, step right to side
21-22 Step left to left side, cross step right behind
&23-24 Step left to side, cross step right over left, step left to side

RIGHT BACK ROCK - FORWARD ROCK - BACK ROCK - KICK BALL CHANGE

25-26 Rock back on right foot, recover weight to left
27-28 Rock forward on right foot, recover weight to left
29-30 Rock back on right foot, recover weight to left
31&32 Kick right forward, step down on right, step left in place

HEEL SWITCHES WITH SHUFFLES FORWARD TWICE

33&34 Place right heel forward, step down on right, place left heel forward
&35&36 Step down on left, shuffle forward right, left, right
37&38 Place left heel forward, step down on left, place right heel forward
&39&40 Step down on right, shuffle forward left, right, left

RIGHT JAZZ BOX ¼ RIGHT TWICE

41-44 Cross step right over left, step back on left, step right ¼ right, step left next to right
45-48 Cross step right over left, step back on left, step right ¼ right, touch left next to right

LEFT JAZZ BOX ¼ LEFT, LEFT JAZZ BOX ½ LEFT

49-52 Cross step left over right, step back on right, step left ¼ left, step right next to left
53-56 Cross step left over right, step back on right, step left ½ left, touch left next to right

RIGHT KICK BALL CHANGE TWICE - RIGHT FORWARD ROCK & BACK ROCK

57&58 Kick right forward, step down on right, step left in place
59&60 Kick right forward, step down on right, step left in place
61-64 Rock forward on right, recover on to left, rock back on right, recover on to left

REPEAT

RESTART

Restart after count 32 on wall 2

TAG

At the end of wall 4 (facing 12:00)

RIGHT KICK BALL CHANGE TWICE - RIGHT FORWARD ROCK & BACK ROCK

57&58 Kick right forward, step down on right, step left in place
59&60 Kick right forward, step down on right, step left in place
61-64 Rock forward on right, recover on to left, rock back on right, recover on to left

HEEL SWITCHES

1&2 Place right heel forward, step down on right, place left heel forward
&3&4 Step down on left, place right heel forward, step down on right, place left heel forward
&5&6& Step down on left, place right heel forward, step down on right, place left heel forward, step down on left
