I Won't Be Crying



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)

音樂: I Won't Be Crying - Infernal



KICK BALL CHANGE TWICE, TOUCH FORWARD OUT IN, TOUCH BACK OUT IN

1&2-3&4 Right kick ball change, right kick ball change

5&6 Step ball of right foot forward, raising left heel split heels of both feet apart, bring both heels

back to place weight to go on left

7&8 Step ball of right foot back, raising left heel split heels of both feet apart, bring both heels

back to place weight to go on right

SAILOR STEP TWICE, CURTSY UNWIND 1/2, CROSS ROCK REPLACE

1&2-3&4 Left sailor step, right sailor step

5-6 Cross left behind right, unwind ½ turn left weight to end on left

7-8 Cross rock right over left, replace weight on left (6:00)

BALL CROSS HOLD, ROCK REPLACE CROSS, 14, 12, SHUFFLE

&1-2 Step right to right side, cross left over right, hold

&3-4 Rock right out to right side, replace weight on left, cross right over left

5-6 Making ¼ turn right step back on left, spin ½ turn right and step forward on right

7&8 Shuffle forward left (3:00)

SHUFFLE FORWARD RIGHT, ROCK REPLACE, SHUFFLE BACK LEFT, DIAGONAL ROCK REPLACE

1&2-3-4 Shuffle forward right, rock forward on left, replace weight on to right

5&6-7-8 Shuffle back left, rock back on right to a slight right diagonal, replace weight to left

OVER SIDE & SAILOR STEP, SAILOR 1/4 TURN, ROCK REPLACE*

1-2-3&4 Cross right over left, step left to left side, right sailor step

5&6-7-8 Left sailor making a ¼ turn left, rock forward on right, replace weight on to left

Instead of the forward rock-replace on counts 7-8 you can do this:

7-8 Cross right over left, unwind full turn left weight to end on left (12:00)

ROCK BACK REPLACE STEP HOLD, LOCK STEP LOCK STEP, ROCK REPLACE

1-2-3-4 Rock back on right, replace weight on left, step forward on right, hold

Lock left behind right, small step forward on right, lock left behind right, small step forward on

riaht

7-8 Rock forward on left, replace weight back on right

SWEEP STEP BACKX2 ROCK BACK REPLACE, ½ TURN, LIFT

1-2-3-4 Sweep left out to left side, bring left behind right and step back, sweep right out to right side,

bring right behind left and step back

5-6-7-8 Rock back on left, replace weight on right, spin ½ turn right and step back on left, leave right

foot forward raising heel slightly (6)

ROCK BACK REPLACE CROSS TAP, STEP BACK STEP SIDE, CROSS TAP TAP

1-2-3-4 Rock back on right to slight right diagonal, replace weight to left, cross right over left, tap left

toe behind right heel

5-6-7&8 Step back on left, step right to right side, cross left over right, tap right toe behind left heel

twice

REPEAT

TAG

On end of wall 2 (you'll be facing the front) ½ PIVOT TURN TWICE

1-2-3-4 Step forward right, pivot ½ turn, step forward right, pivot ½ turn, weight to end on left to start dance again from the beginning

ENDING

Dance will end while you're doing the first 2 counts of the dance on wall 7, the right kick ball change, just hold that pose